

## President's Letter

The first sentence in my president's letter for the fall 2005 Heath Newsletter was "On Tuesday evening August 30, 2005 as I watched a black and white portable TV of live pictures of a flooded New Orleans, it dawned on me that I had lost my future as I knew it. My way of life, my practice and perhaps my house were gone. As it turned out my house was fine but I had lost my known future."



After over four years the future is now. I think I can speak for everybody in southeastern Louisiana, because of a series of events, past and near future, there is increasing optimism that the area will make a full recovery. New Orleans is back and on its way up.

The two most significant events were the Saints winning the Super Bowl in front of the largest television audience in history and the election of a new mayor and city council.

The two weeks build up to the Super Bowl had to be one of the most exciting times in our cities history. The game, the victory and the celebration, especially here in the Quarter was unbelievable. Two days later a parade for the Saints organization drew more than a half a million people and CNN. Stephen Perry the Tourism Director said, "never in the history of tourism, has a city climbed so quickly from the primeval ooze to, let's say, a Mount Everest high." He reported that the national image of New Orleans now is better than it was before Katrina. Then one week after the Saints' parade we had Mardi Gras with the nicest and happiest crowds ever.

On the day before the Super Bowl, we had a very important election for mayor and the city council.

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## Editor's Note

Spring brings with it change from the previous year's winter and your Newsletter is no different in that respect. In fact, change has been the operative word in New Orleans and at Tulane since that nasty storm in the fall of 2005. A whole community scattered to the winds and that included Tulane University and its various schools and the departments. And "Big Charity" closed in what may well be a sea change in the delivery of health care in the Crescent City to its less fortunate citizens.



But that's now all in the past. Look at what we have to look forward to in the future. First a major return of our population with a lot of new blood that would not have entered our society here for many, many years. I'm talking about a whole generation of young people from all over the country who were attracted to the greater New Orleans area, some originally as volunteers in the dismal days after Katrina. Many of these newcomers have heard the stories of the varied opportunities that have opened up in the city since the storm. Many of these people have applied to Tulane in all its various programs in record numbers.

And with the changing demographics we have a new mayor who has promised to carry on the reform of local politics begun with the aggressive federal investigations and prosecutions by U.S. Attorney Jim Letten. Just imagine what this city could accomplish if patronage and corruption were rooted out!

And to replace empty edifices of Charity Hospital and the VA Hospital downtown we will now have a 70 acre (about a 25 city block area) medical complex with hospitals run by the VA and LSU with some representation from Tulane.

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## Tulane Alumni Reception

**Tulane Psychiatry will host it's annual reception for alumni and friends of the Department at the annual meeting of the American Psychiatric Association in New Orleans on Tuesday, May 25th, from 7 to 9 at the Westin Canal Place Hotel located at 100 Rue Iberville on the riverfront in the French Quarter. The reception will be in the Riverbend Terrace on the 11<sup>th</sup> floor of the hotel. See you all there!**

## Associate Editor's Comments



When I think back to my intern year at Tulane my mind frequently conjures images of faces of those who resided on the eastern side of the tenth floor of Tidewater, known in my mind as the neurology side of the floor. My time on that side of the building was spent more in transit to the mailroom or to Don Gallant's office for a shakedown of what I had learned the previous week from his assigned readings—articles ripped out of his favorite journals strewn about his office in open defiance of proper methods of organization. Perhaps I did not spend more time on that side of the building because I knew I was more likely to run into my favorite roster of neurology residents and staff at Joe's rather than in Tidewater. That's no dig on the neurologists. To the contrary, I found their Friday afternoon lecture series across from the ER simultaneously progressive—think education reform in the form of the outdoor classroom—and classical—think Benedictine monks studying scripture while testing the fruits of their fermenting trade. We psychiatry interns ambled in late for several months but began to learn the importance of being on time for Joe's rounds, lest we missed something interesting. (I seem to remember someone mistaking a stockroom for a bathroom on one occasion.)

Alas, Katrina soaked Joe's more than the bar ever soaked us. It never returned. Now I walk the halls of Tidewater's eastern half and grow nostalgic when I see so many empty offices. That process of change began abruptly, jarringly after Katrina. Now Neurology is moving out of those offices completely, making the change more final.

Yet the close of one chapter brings the beginning of a new one. Or perhaps better to think of our narrative as having two protagonists whose stories remain separate but interlaced, proceeding with strides not quite synchronous but still coordinated loosely by past bonds of

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kinship. My hope is that the physical departure of Neurology from our shared space and independence as a department will not mean the complete disentanglement of a shared experience. I have learned a tremendous amount from my colleagues in Neurology over the years and have found our close relationship invaluable for solving clinical problems. Their collaboration has often helped me get out of jams, helped me prevent those jams at times, and helped make me feel more competent to deal with complex neurological issues that arise in patients whose problems may or may not be primarily behavioral in nature. More

importantly, I have made friends and shared meaningful experiences with those from the other side of the tenth floor.

I will miss their presence, but I feel enthusiasm for their new path. I hope, however, that the Heath Society may remain a vehicle through which the more tangible connections from the past will be remembered. Similarly, I hope that it will be a mechanism by which we will share our experiences going forward. Vive la Neurologie!

*Drew Morson, M.D.*

## Neurology Chair's Column

The Department of Neurology at Tulane Medical Center has hit the ground running. We are situated in a 13th floor suite in the Murphy Building and have office staff in place along with a very nice core of neurologists with various clinical interests including Neuropsychiatry, Stroke, Epilepsy, Headache, Neuromuscular, and General Neurology.

The residency program is in the process of being built up after the harmful consequences of Hurricane Katrina. We will be selecting three resident applicants in straight Neurology, one in Psych-Neuro, and one or two in Med-Neuro during the upcoming match. Efforts are underway to eventually resume fellowship training programs.

In the research arena, we have Dr. Monique Cola continuing her research in the cognitive and neuroimaging effects of aging as well collaborating in Alzheimer's disease and stroke research. Dr. Sheryl Martin-Schild directs the Stroke Unit and Clinical Stroke Service at Tulane and has already gained an international reputation for her contributions to the literature in the realm of thrombolytic therapy in acute ischemic stroke.

Dr. Jeff Nicholl remains quite busy in Epilepsy while Dr. Shamsnia attends to Neuromuscular Disorders and Sleep Disorders. Dr. Patricia Colon directs the Inpatient Consult Service at Tulane Medical Center Hospital and Dr. Maike Blaya is establishing herself in General Neurology and has set up a Lumbar Puncture Clinic.

Dr. Angela Traylor provides General Neurology expertise as well as interface with Psychiatry. She is presently Assistant Program Director of Neurology Residency training with Dr. Nicholl presently in the role of Director. Dr. Nicholl is also the Medical Student Clerkship Director in Neurology. We are also aided in our efforts through ongoing contributions by Dr. Sarala Palliyath and Dr. Antonio Stazio as well as VA Medical Center members of our Department, Dr. Moris Jak Danon and Dr. Greg Redman.

I am looking forward to participating in the Stroke Service, continuing to see an array of patients with challenging neurological presentations, actively participating in the instruction of medical students and residents, and building up research programs in both Stroke and Neurodegenerative Disease. We hope to recruit a second Vascular Neurologist in the near future as well as a second Epileptologist, and Dr. Benjamin Seltzer, a well-known Neuro-Cognitive specialist, has expressed a sincere interest in returning to the Tulane faculty some time this year.

Overall, I have been quite pleased with my appointment at Tulane Medical Center as Professor and Chairman of the newly separated Department of Neurology and I am very enthusiastic about all the opportunities here for development. I have been particularly pleased with all the support and guidance that Dr. Dan Winstead and his staff have provided me and I am sure that he will continue to be a great resource as our department evolves.

*Roger E. Kelley, M.D.*

## Psychiatry Chair's Column

These past 6 months have been loaded with change – mostly good, but coming at us at a radical pace.

The big event in the fall was our Brain and Behavior CME conference and the celebration of the Department's 60th Anniversary at our December 5th Gala event at Antoine's. The conference itself was a tour de force of some of our most successful and highly recognized alums. They were told to start their talks by reflecting on their Tulane experiences and how those had "lit their fire" about psychiatry and/or neurology and started them down their individual career paths. As I listened closely I was impressed time and time again about the importance of mentorship and how valuable this is in the development of a young professional, especially an academician. Our speakers then went into some depth about their "body of work" in their chosen field. Needless to say, these were highly educational.

The Gala was a lovely evening at Antoine's. The room was packed and I was "roasted" as the entertainment. Don Gallant started off with reflections, limericks and other poems penned for the occasion. He then was a skillful Master of Ceremonies as others took the podium and had a poke (or ten) at yours truly. It was great fun and we even raised a bit of money for the Heath Society.

Roger Kelley, our new Chair of Neurology, was one of the speakers at the B&B conference and let us understand where he had been and where he hopes to take the new department. His column in the Newsletter elaborates on these goals and objectives. While I confess that it was a relief not to have to continue to be in charge of that group, it was with considerable sadness that I watched them leave and go out on their own.

January 1st was the big day. It marked the beginning of two new departments at Tulane: The Department of Neurology and the Department of Psychiatry and Behavioral Sciences. As it turns out, we celebrated that 60th anniversary just in time!

As many of you know, the economic climate, and thus the healthcare climate, is changing nationwide, but particularly in Louisiana. While there will be draconian cuts to some of our programs, new opportunities abound in both the public and private sector. The first three months of this calendar year have been exploring some of these opportunities, solidifying others, and passing on those that don't meet our primary educational goals. These new programs will allow us new educational and training opportunities for our residents and medical students. Since many of these will be new contracts for AY 10-11, there will be much more to discuss in the Fall newsletter.

A major development has been telepsychiatry. While a number of our faculty had already been using our telepsychiatry system, a new contract with Region V (Lake Charles and environs) will allow us major growth opportunities.

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## Vice-President's Letter

At my home in Tennessee, spring is finally bursting forth in blossom. Sunshine and rain alternate to assure verdant growth of our newly replanted lawn and some new trees.

At Fort Campbell seventy miles away, soldiers are gearing up for their next deployments "downrange", the euphemism for the wars in Afghanistan and Iraq. Many have already shipped out, leaving behind their families. I have the privilege of daily hearing the stories from the children as I ride the circuit of our eight child and adolescent psychiatry clinics in the pre-K through twelfth grade Department of Defense school system on the post.



We have some six thousand school-aged children living on post and attending the schools there. Estimates from studies suggest one-fourth of them will need clinical services during the deployments of their parents. At any time, we are seeing about 10%, 500 – 600 children, actively. Most families are experiencing the fourth deployment; many are going through the fifth or sixth one. Some soldiers who are in Delta Force units have been deployed many more times, though for shorter stints.

While the families mostly become more adept at planning for the absence of their sponsor, the toll on the soldiers' emotions grows with each deployment, according to studies. For the soldier, the challenge of keeping faith with the family while serving overseas grows harder. Too many missed birthdays, sports events, graduations, even births, eat at the soldier's heart. Yet they soldier on. And so do their children.

I am privileged to share with many children their struggles and their copings. "My daddy is fighting bad guys," is a refrain I hear from the younger ones. "Dad knows how to get through stuff," from middle schoolers. "I want him home safely," from older kids and their moms.

But I also hear from children struggling to manage, ones who try to sleep in mom's (or dad's) bed at night. The ones who jump at noises, quiver in fright when thunder sounds, and strike out in fear talk to us, too. "The war is just the way they take my dad away from me, I think." "Dad's too old for this. I just know he's gonna get hurt."

People of New Orleans have known these fears, have known the pain of separation and loss. Tulane is deeply involved in the fate of New Orleans, and working to understand and to treat the illnesses engendered by the aftermath of Katrina and other disasters. I owe much to the pioneers of PTSD research at Tulane. Chet Scignar (RIP) was my first mentor, and his books, my guide. Michael Scheeringa has fine-tuned the intervention and treatment for trauma in children, and we at Fort Campbell adapt his manualized approach to our patients in the schools' clinics.

School-based treatment is effective and efficient and relieves much of the time demands for parents. I first learned this as a Tulane child-psych fellow some forty years ago when assigned to the girl's school, Madonna Manor, in New Orleans. Now Tulane is pioneering the Medical Home concept in delivering health care to communities in New Orleans. Soon, the original Ruth's Chris restaurant building will find new life as one of three such clinics in town. Will psychiatrists find their way into these settings?

I look forward to seeing you all in New Orleans this spring at the annual Forensic Psychiatry conference and at this year's APA. I spend so much time visiting town that I have rented a condo on Jackson near Magazine. Seems like old times. Incidentally, our daughter, Rebecca, graduates from the pediatrics part of her Triple Board Residency in June. She is hard at learning psychiatry now.

*Robert O. Begtrup, M.D., MMAS*

## *Psychiatry Chair (continued from page 3)*

A similar contract with Region VIII (Monroe and environs) has recently been approved. These new technologies will allow us to provide services to largely rural areas that have traditionally been underserved.

Well, all this and I haven't even mentioned the NFL playoff games, the Super Bowl and the parade which followed, nor the busy and energizing Mardi Gras season!

Thank God for Lent!

*Daniel K. Winstead, M.D.*

## *President's Letter (continued from page 1)*

Current Lieutenant-Governor Mitch Landrieu received 66% of the vote for mayor. The data showed a significant crossover vote between the black and white communities. Another optimistic sign. Mitch's focus is the revitalization of New Orleans and economic development.

These events have brought cohesion and real excitement back to the city. This of course is spilling into the medical and psychiatric communities.

In March, the city hosted one of its biggest conventions, the American College of Orthopedic Surgeons, with "booking for the hotels at 108%". Then from April 9-11 the department will hold its annual Forensic Psychiatry program during the French Quarter Fest. Jazz Fest is now just a few weeks away. In May another huge convention in the city, the American Psychiatric Association, will meet here.

Everybody is upbeat now. It took several years for me to appreciate the psychological impact that Katrina had on me. I too am excited to be here. I still live in the quarter and continue my psychiatric practice in my home. While I am writing this at 10:30 AM on a Friday, the Irish Parade is passing nearby.) It's loud and boisterous with plenty of beer flowing. The parade reflects the mood of New Orleans with bands playing, floats, riders and the public enjoying a salute to St. Patrick.

This is a great time to come visit New Orleans. The weather is mild and the festivals are hot. Great music and food. (The French Quarter Fest is my favorite Fest). We hope to see many of you in May when APA arrives and the Heath Society and the Department host a reception. Come and enjoy; New Orleans is back.

*Douglas W. Greve, M.D.*

## Tulane Opens New Satellite Campus

*Ed note: the following is from a statement issued by Tulane Med School's dean, Dr. Ben Sachs, in his winter edition of Dean's Update.*

Tulane University School of Medicine and Baton Rouge General Medical Center have entered into an agreement to create a satellite Tulane medical school campus in Baton Rouge. This bold and progressive initiative will provide unique opportunities for medical students in the state of Louisiana, and will define our state as a national leader in medical education.

Experienced physicians are being recruited to serve as teachers, mentors, and role models at the new satellite campus. Third- and fourth-year medication students will work side by side with this carefully chosen faculty, accessing innovative teaching models that will provide unique learning experiences and opportunities. In particular, the curriculum will include a longitudinal ambulatory experience, something not typically available in a traditional program. Students will also have the opportunity to participate in rotations in healthcare policy and operations with various state agencies and healthcare organizations. Interdisciplinary education and training will occur, as the Baton Rouge general nursing program and students from the University of Louisiana at Monroe College of Pharmacy are also on-site.

Tulane School of Medicine will be divided into two academies, with all medical students completing their first two years of basic science curriculum in New Orleans. Then, those students interested in healthcare management and leadership will attend the Baton Rouge LEAD (Leadership, Education, Advocacy, and Discovery) Academy. The other larger cohort will remain in New Orleans for the CARES (Community Action, Research, Education, and Service) Academy, which will focus on excellence in clinical medicine and research.

The Baton Rouge campus of Tulane School of Medicine will be located at Baton Rouge General's Mid City hospital. Bill Holman, FACHE, is president and CEO of Baton Rouge General Medical Center. Dr. Flip Roberts, Chief Medical Officer for Baton Rouge General, will serve as Regional Dean for our students. A new educational building is part of the long-term vision for the campus to include lecture halls, classroom space, study areas and student services. State-of-the-art technology will connect the Baton Rouge Campus to the main Tulane campus in New Orleans.

In addition to the buzz in the medical community surrounding this agreement, the economic benefits to the area will be significant. With an inaugural group of ten medical students scheduled to open the Baton Rouge satellite campus in May of 2010, this facility will eventually matriculate 160 students. Additional faculty and staff in the immediate area, as well as expanded research facilities, will be needed to support the satellite campus.

I am very excited about the opportunities that this agreement creates for the future of Tulane School of Medicine and Baton Rouge General Medical Center as we educate and train the next generation of clinicians and physician leaders.

*Benjamin P. Sachs, M.D.*

### Come Join Us

You membership dues to the Robert Heath Society not only fund the Society's newsletter and awards for the best research papers by our residents but also help the Department with funding the annual Alumni Reception and other projects such as Jan Johnson's Drum Circles. So please help us continue to fund these valuable projects by becoming a dues paying member of the Society. A membership form is attached to the back cover of this newsletter for your convenience.

*Editor's Note (continued from page 1)*

And, in addition, a private venture cancer research center has been proposed. These facilities, while still on the drawing board, are closer now to breaking ground with the actual purchase of the property underway and a series of victories in court legitimizing the process.

Closer to home, Tulane, of course, is back and is now growing again. Would you believe TMC now even has a Baton Rouge campus? (See story inside.) Readers of the Newsletter will recall Dan's earlier reports on faculty additions. And, after 60 years, the Department of Psychiatry and Neurology is now two distinct departments, a move designed to allow both departments to grow even more.

Meanwhile we hope the Robert Heath Society, an alumni association made up of clinicians and researchers of both "brain components," will grow too. We will still be providing you with information about our two new departments but the Newsletter will have to change some to do that. We have already started the process of transitioning editorial leadership to better keep up with and report on the current generation of behavioral health scientists. And we are changing our layout somewhat this issue to, hopefully, better serve our 2 departments.

We are excited that the American Psychiatry Association has once again selected our city for its annual meeting. It's a great chance for our Department to show off its program and for our colleagues around the country to see what changes are taking place in the new Crescent City, home of the Super Bowl champion Saints. (What a change the Saints were this past season!)

Yes, change is everywhere down here. And like most change, some is good and some may not be so good. Or, getting back to the analogy of winter turning into spring, inevitably there are a few weeds that come up with all the beautiful flowers. But most of the time we are successful with our garden tactics to keep the weeds down and let the flowers and grass grow. Only rarely do we get a little poison ivy! And when we do, we treat it and go on.

I think the same will be true for New Orleans and Tulane and the Heath Society. After all we've been sweating bullets, swatting mosquitoes, and sucking on crawdads here at the bend in the Mississippi for many years. We're not about to go away but we've had to make some changes and we gonna get bigger and better. Just you all wait and see.

*Craig W. Maumus, M.D.*



## Department Holds 60th Anniversary Celebration

As one of its last official functions as a combined department, the Department of Psychiatry and Neurology held a gala dinner and “roast” on the second floor of the storied Antoine’s Restaurant in the Twelfth Night Revelers’ room. Faculty and alumni and friends from over the years gathered to celebrate and “roast” current departmental chair, Dan Winstead, who was celebrating his nearly 35 years as chief.



*Dr. and Mrs. Kenneth Gaines from Ochsner neurology came to celebrate with us.*



*Dabney Ewin and Morgan Feibelman*

Don Gallant, who was master of ceremonies, opened the roast with some departmental history, trivia and good natured comments as well as a few pokes and jabs at Dan as only Don can do. He was followed by Doug Greve, Pat O’Neill, Lee Tynes, John Thompson, Jan Johnson and kids Teddy and Laura Winstead who brought back memories and got in a few good lines. Finally Dave Mallott closed out the evening in his inimitable style with a monologue that would make NBC wonder why he wasn’t given consideration for their late night spot.

James Moises provided the wine for the event from his private stock. And in true Antoine’s tradition, baked Alaska with the Department’s 60th signature was paraded in and served to the attendees.



*Morgan Feibelman, Elijah Marten Feibelman and William Vaughn*



*Angela Hill, Irwin Marcus and Paula Zeannah*



*60th Anniversary dessert!*

Most of us had a hard time agreeing on what was the best dish of the night, but we all agreed that we should do this again some time soon. After all, why wait another 60 years for good food and good fun when most of us might not be around.

For more pictures of the 60<sup>th</sup> Anniversary celebration please go to our website at <http://www.heathsociety.org/> where you will find a link to the photos as well as past issues of the *Newsletter*.



*Heath Society VP, Bob Begtrup, and his daughter Rebecca Begtrup (who is a 3rd yr triple board resident in our department) and Joyce and Don Gallant.*



*Doug Stirrett, Sally Knight, Brobson Lutz and Jan Johnson*

## Pictures from the Departmental Holiday Party



*Michael Schild, Sheryl Martin-Schild,  
Roger Kelley and Susan Kelley*



*Kelly Irvine and Craig Coenson*



*Dan Winstead and son, Teddy, with George Daul behind*



*Philipp Sack and Erik Kinzie*



*Ken Roy and Jan Johnson*



*The Feibelman and McConville families,  
home for the holidays*

**Thanks to Melinda Hoehn and Drew Morson for the holiday pictures in this issue.**



## 14th Annual Heath Lecture and Brain & Behavior Conference

This past December your Department hosted its 60th Anniversary and the 14th Robert G. Heath, M.D. Lecture as part of its annual Brain & Behavior conference which was held at the Chateau Bourbon Hotel in the French Quarter.

Department chair, Dan Winstead in his welcoming remarks informed the audience that the speakers would be reminiscing about their Tulane connections and this turned out to be a most entertaining experience.



*Don Gallant gave the opening paper at the annual Brain & Behavior conference in December.*

Who better than to start off the conference but Don Gallant who gave a talk on “50 years in the Tulane Department of Psychiatry and Neurology: Unusual Experiences and Research Endeavors.” Don would later MC the “roasting” of Dan Winstead at the Department’s 60th anniversary celebration at Antoine’s.

Don was followed by Steven Paul whose talk was on Alzheimer’s Disease and included up-to-date information on some of the new drugs under development for this major mental health problem.



*Steven Paul discussed Alzheimer’s Disease*



*Chuck O’Brien spoke on Addictive Disorders*

After lunch, Chuck O’Brien discussed “Recent Research Finding that Improved the Treatment of Addictive Disorders.” Then Charlie Zeanah helped us to understand “Early Experiences: A Mindful Journey to the Brain.”



*Charlie Zeanah closed out the first day of talks*

Then next day Peter Rabins started us off with “Bridging the Mind/Brain Gap.” In his talk he covered such illnesses as MS, Alzheimer’s and Creutzfeldt-Jacob Disease.



*Peter Rabins began Day 2 by helping us bridge the mind/brain gap with neurological disorders*



*Andy Naidech reviewed the clinical research on cerebral hemorrhages*

“Managing Cancer-Related Symptoms” by Tim Pearman began the afternoon session. And our new neurology chair, Roger Kelley, closed out the formal presentation with his discussion of Ischemic Stroke.



*Tim Pearman helped us with managing cancer*

Three workshops follow: One given by Heath Society VP, Bob Begtrup, on Reaction and Resiliency in Children of Deployed Soldiers based on his work with the kids of soldiers at Ft. Campbell, KY; a workshop on Modifications of Group Techniques by Don Gallant; and a 3d workshop which was really the annual Heath Lecture, given by Dan Winstead, on “Where Have We Been and Where Are We Going” as a Department.



*Pat O'Neill introduced Roger Kelley who spoke on Ischemic Stroke*



## More Pictures from the Departmental Holiday Party



*Morteza Shamsnia and Roger Kelly*



*Justin and daughter Jacie Adams*



*Charlie Zeanah and Stephanie Mathijsen*

### Heath Society Joins Facebook

Last issue we wrote that your Heath Society has joined the popular social networking site Facebook. So far we have about 40 fans and hope to attract more. Since this is new to many of us we are still working on finding the right information that will be of interest to members to post on that site. To help us, Alan Newman has volunteered to be the Society member behind the site. So, “fan up” and stay current with the doings of your Society and Department. Point your browser to [www.facebook.com](http://www.facebook.com) and sign up. Once you are a member, put “Heath Society” in the search box. (Be sure to put our name in quotes to avoid getting multiple combinations of Heath and Society.) See you on line!

## Tulane Alumni Reception

Tulane Psychiatry will host its annual reception for alumni and friends of the Department at the annual meeting of the American Psychiatric Association in New Orleans on Tuesday, May 25th, from 7 to 9 at the Westin Canal Place Hotel located at 100 Rue Iberville on the riverfront in the French Quarter. The reception will be in the Riverbend Terrace on the 11th floor of the hotel. In order to better prepare for the event we would appreciate your emailing Candy Legeai at [clegeai@tulane.edu](mailto:clegeai@tulane.edu) or giving her a call at the Department at 504-988-5246.

We know that your time at the annual meeting is limited and that our reception will be competing with a number of other activities that night...not to mention the allure and attraction of the French Quarter. So feel free to stop by even for a short visit and even if you didn't RSVP in advance. We'd like to see you all regardless. So, add us to your calendar of events for Tuesday night and bring your family. We hope to have a good turnout in the home city of your Department.

## In Memoriam... Dudley Stewart 1941-2009

Organized medicine in the state of Louisiana lost one of its super stars with the untimely death of Dr. Dudley Stewart this past December. A major figure on the national level in both the AMA and the APA and a long-time fixture in Louisiana's state medical and psychiatric organizations, Dr. Stewart was actively involved in medical politics to the very end sending out regular emails to members of the Louisiana Psychiatric Medical Association of which he was chair of the Legislative Affairs Committee for as long as most of us can remember.

Born 68 years ago in Toledo, OH, Dr. Stewart obtained his undergraduate degree from Springhill College in Mobile, AL and his M.D. from the University of Mississippi School of Medicine in Jackson. He then interned in Houston before coming to Tulane in 1968 for his residency in psychiatry. He later received a fellowship in psychoanalytic training from Tulane and he was a diplomate of the American Board of Psychiatry and Neurology.

Having completed his residency, Dr. Stewart served our country in the Army as a Major in the U.S. Medical Corps, completing his military duty at Ft. Polk, LA as chief of the Department of Psychiatry and Neurology.

With the Scottish gift of gab Dudley was destined for medical politics. He was president of the medical Staff of Coliseum Medical Center in uptown New Orleans and was the first psychiatrist to be elected president of the Orleans Parish Medical Society and then

the Louisiana State Medical Society. He then served as a representative to the AMA's House of Delegates until his election in that organization to its Council on Ethics and Juridical Affairs in 2003, over which he chaired at the time of his death.

Meanwhile in a parallel fashion Dudley was rising through the ranks of organized psychiatry by serving as president of the Louisiana Psychiatric Medical Association and then as the long-time representative of the LPMA to the APA's Assembly and Area V representative to the APA's Joint Committee on Governmental Relations.

And outside of organized medicine he was active in organized mental health advocacy being a long-time member of the board of the New Orleans chapter of the National Alliance on Mental Illness, holding the position of secretary at the time of his death.

But it was as chair of the LPMA's Legislative Affairs committee and as a member of the APA's Legislative Affairs Committee that Dudley best demonstrated his political acumen. He had a knack for breezing through the densest of materials and picking out all the salient points of any given bill or motion and seemingly able to recite them from memory. And once email came into popular use, Dudley took to the internet to send members of the LPMA continual updates on political and business affairs of interest to physicians in general and psychiatrists in particular. Throughout his lengthy battle with lymphoma

Dudley kept his informative emails coming.

For his many years of service to organized medicine and psychiatry Dr. Stewart was named Psychiatrist of the Year and awarded the Edward H. Knight, M.D. Lifetime Achievement Award by the LPMA. The Psychiatric Care Associates, a private practice group of psychiatrists in the New Orleans area, awarded him their Psychiatric Leadership Award "for your exemplary leadership, selfless dedication, commitment and valuable service to your colleagues and mental health community." And in May at its annual meeting, the APA will honor Dudley with its Ronald A. Shellow Award for Outstanding Service to the Assembly.

Outside the office and medical politics, Dudley enjoyed parading with the Irish for St. Patrick's Day. He was a passionate fisherman and often organized fishing trips in the Gulf when our various psychiatric groups held their meeting in New Orleans. He also collected coins, Mardi Gras doubloons, stamps and enjoyed model railroading.

He was a mentor to many of us who became involved in organized psychiatry and will be fondly remembered for his wit, his warmth and his willingness to advocate for his patients and organized medicine.

Dudley leaves behind a loving wife, Carol, two daughters and 4 grandchildren.

*Craig W. Maumus, M.D.*

## TMC Pharmacology Chair Dies

Many of our younger alums will remember Dr. Krishna Agrawal who was chair of the Department of Pharmacology since 1999. He originally came to Tulane in 1981. He was killed when his automobile went into a canal during a heavy rain storm shortly before Christmas. He and his wife were on their way to a Christmas party and were driving down a poorly lit street which bordered a canal. Dr. Agrawal was able to help save his wife who was in the car with him at the time before he was swept away in the torrent of water.

Dr. Agrawal's research projects included anti-HIV drugs and the development of drugs to battle prostate and breast cancers. Tulane's School of Medicine hosted a memorial service for him on December 17.

## William C. Menninger Memorial Award

**Dr. Daniel Winstead** has been named the 2010 recipient of the William C. Menninger Memorial Award for Distinguished Contributions to the Science of Mental Health by the American College of Physicians (ACP). He will receive the award at the annual ACP scientific meeting on April 22, 2010 in Toronto, Canada, and deliver a lecture the next day.



## New Physician Oath at Tulane School of Medicine

Last year, Fr. Don Owens, chaplain at Tulane Medical Center, was tasked with heading a student-clergy committee to write a new physician oath for the School of Medicine. There was a need to modernize the oath for new physicians. Schools throughout the United States and world have also updated the oath. Tulane's new physician oath is as follows:

I do solemnly swear before all that is holy and sacred that I will honor the profession of medicine and practice with conscience and dignity for the good of humanity.

I will give my teachers the respect and gratitude that they deserve and pass my knowledge to those who follow in the art of medicine.

I will recognize the limits of my knowledge and seek to enhance my understanding and skills throughout my profession.

I will conscientiously uphold the duties and noble traditions of the vocation of the art and science of medicine and work with my colleagues as brothers and sisters in the service of humanity.

I will advocate on my patient's behalf and strive for justice in the care of the sick.

I will treat all who come to me irrespective of their gender, race, religion, political affiliation, sexual orientation, nationality, social standing, economic status or ability to pay nor be prejudiced in my duty to patients.

I will remember that the physician's duty is to prevent and treat disease, and heal the sick, but above all prevent suffering and do no harm.

I will respect the dignity and privacy of all of my patients holding secret and close what they have revealed to me, and place their well-being as my highest priority.

I take this oath freely and upon my honor. By this oath, I consider the bond between physician and patient to be sacred. If I keep this oath faithfully, may I enjoy my life and practice my art; but if I swerve from it or violate it, may the reverse be my lot.

*Ed note: reprinted from Dean's Update, Winter 2010.*

## Incoming/Outgoing Faculty

## Alum News

We are pleased to announce our new recruits who have joined the salaried faculty since July 1, 2009:

Name	Rank	Start Date
<b>ADULT PSYCHIATRY:</b>		
Janet Bradley, MD	Assistant Professor of Psychiatry	01/01/10
Erik Kinzie, MD	Assistant Professor and Director of Residency Training for General Psychiatry	07/01/09
Arwen Podesta, MD	Assistant Professor of Psychiatry and Neurology	07/01/09
Mehdi Qalbani, MD	Assistant Professor of Psychiatry	10/12/09
<b>CHILD PSYCHIATRY:</b>		
Jacqueline Henschke, MD	Assistant Professor of Psychiatry	09/01/09
Katie Maskowitz, GSW	Instructor of Psychiatry	02/01/10
Andrea O'Leary, MD	Instructor of Psychiatry	03/01/10

... while we wish the best to those who have left Tulane since July 1, 2009:

Name	Rank	Termination Date
<b>ADULT PSYCHIATRY:</b>		
Gregory Polozola, JD MSW	Assistant Professor of Psychiatry	11/30/09
J. Scott Stanley, MD	Assistant Professor of Psychiatry	08/31/09

This brings our salaried faculty to a total of:

ADULT PSYCHIATRY:	37
CHILD PSYCHIATRY:	29
TOTAL:	66

**Irvin Kraft** decided on an early retirement in September of last year. He was nearly 88 at the time. He expresses great appreciation for the educational experience he had at Tulane quite a few decades ago.

**Amy Tower** has her hands full in New Orleans. In addition to her private practice she is also working with the Assertive Community Treatment team of the New Orleans area and trying to implement rural mobile clinics for the Metropolitan Human Services District. In January she also began working with Tulane medical students.

We enjoy hearing from you all. Please help us keep our AlumNews editorial staff busy by sending in your latest news.

**The Robert Heath Society  
Alumni Association for  
Tulane Psychiatry & Neurology**

P. O. Box 1338  
Metairie, LA 70001

**Spring, 2010**

## Won't You Join Us?

The Robert Heath Society is anxious to have all former graduates of the Tulane Psychiatry and Neurology programs plus friends of the department join our alumni association. Dues are only \$35 per year and will go toward supporting activities such as our annual cocktail party, sponsorship of the residents' scientific competition, and our newsletter.

Your Name: \_\_\_\_\_ Alum \_\_\_\_\_

Your Address: \_\_\_\_\_ Program: \_\_\_\_\_

City, State, Zip: \_\_\_\_\_ Year: \_\_\_\_\_

Phone: \_\_\_\_\_ Friend \_\_\_\_\_