



Robert Heath Society

Established 1984

Tulane Psychiatry & Neurology Alumni

Vol. XX number 1

Spring, 2009

20th Anniversary Edition

President's Letter

Welcome from New Orleans. We are having a very pleasant and mild spring season. I hope the weather remains as welcoming for the upcoming Forensic Psychiatry meeting and the French Quarter Festival both during April 17-20. The French Quarter Festival has become very popular with both numerous food booths and music locations throughout the French Quarter. So you can combine learning with fun.



Applications and renewals have gone well this year for the Heath Society. You have continued to make generous donations so that we have already met one of our goals, giving \$5,000 to the Department each year (for the next three years) to help underwrite the Department's annual Brain & Behavior meeting in December. And we have moneys to meet our other annual obligations. Speaking for the Board and the Department, we thank you.

The APA is no longer doing a combined meeting for the various alumni groups so the Heath Society will be providing funding to help underwrite the Department's meeting at the annual APA meeting this year in San Francisco.

I have been reading a book, *Changing American Psychiatry: A Personal Perspective* by one of our most distinguished alumni, Melvin Sabshin, M.D. It was published last year. Mel completed his residency at Tulane in the early fifties. He went on to become the Medical Director of the American Psychiatric

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Chairman's Column

The Good, the Bad, and the Ugly!

We do indeed live in interesting times. Thus, the title and format for my column. Fortunately, my faculty are generally resilient and move forward with our mission in spite of the changing landscape of academic medicine and the day to day challenges that we all face.



The Good

The Tulane Department of Psychiatry and Neurology is now in its 60th year of operation. Founded by Robert G. Heath as a separate department in 1949, it took several years for him to recruit a critical mass of faculty members. Although most of these early recruits are now deceased, Irwin Marcus, MD, is alive and well and is a wealth of information about those early years. He was recently interviewed by Charley Zeanah (see his article elsewhere in this newsletter) and we hope to make a DVD available shortly to those interested.

Irwin was recruited by Bob Heath in 1951 to start and develop a child section within the department. In 1959, Dr. Marcus left the department to enter private practice. Now at age 90, he still sees some select patients and maintains faculty appointments at Tulane School of Social Work and in Psychiatry at LSUHSC.

We hope to hold a special **60th Anniversary Celebration** in conjunction with our Brain and Behavior CME program in early

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Reminder: Our annual Alumni Reception at the APA's annual meeting in San Francisco will be held at the Omni Hotel on Tuesday night, May 19th, from 7-9 PM. We hope to see all Tulane attendees there.
Do stop by and say "hello."

Editor's Note

This issue marks our 20th year of publication: Volume XX number 1. Our first issue which came out in the spring of 1990 consisted of only 4 pages comprised of just 4 columns: the columns by Dan, our Chair, and Remi Gonzalez, our Society's founder and first president. Then there was my note and an article by our namesake, Bob Heath. We had no photos then—except for the thumbnail photos of the writer of each column. It was a modest but ambitious start.



Now we go 12-14, even 16 pages (our last issue) and usually have full color photos from the Department's numerous CME programs and other activities. Dan has kept us up on what is happening in the Department and our president, now Doug Greve, keeps us posted on the evolving role of our alumni society.

A lot has happened over the past 20 years and I am pleased that your *Newsletter* has been around to report on it. We've covered guest lecturers, faculty appointments and promotions, retirements and, sadly, deaths. To me it seems that lately we have had an over-abundance of obituaries—and I realize that most of them are for Society members whom I identify as core members of the Heath Society, i.e. those who taught me or who took me under their wings when I graduated and entered the real world of private practice.

And while many Society members will immediately recognize these "former greats" of our Department's heritage, I realize that there is a growing number of Tulane alums who have no recognition as to who these people were or what relevance they have to our Department's traditions. I became acutely aware of this matter at our last Heath Society meeting at the December Brain & Behavior conference. In the past we would have a majority of the attendees make the meeting with no food served. This past meeting we announced free lunch and I was able to count on two hands the number of

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members who showed—half of whom were your Heath Society officers.

So where is the disconnect? Well, looking at the age of our board it is apparent that we are lacking the input of our early and mid-career graduates. Just look in AlumNews in this issue and see how many members are reporting that they are retired, partially retired or planning to retire. These members have been our core constituents and now they are leaving the practice scene. Hearing from them is fine but we need to hear from our graduates who are behind these

members—those from Gen X and Y for they are essential for not only preserving but *adding to* the proud Tulane neuropsych tradition.

As the *Newsletter* has been a vehicle for keeping old memories alive, so too it can be *and should be* a vehicle for hearing about what is going on now from those who are "doing it" now. But since we have little input from this generation of graduates it may be that they see no reason to join our ranks or maybe don't feel welcomed to participate in our affairs.

Associate Editor's Column

Having lost touch with many of the younger generation of graduates I began asking around for the name of someone from the generation behind me who might have an interest in working with me on the *Newsletter* to make it a relevant medium for that generation and the future generations behind me. For if we don't get the buy-in of our newer graduates, then our Society will lose its purpose for continuing to exist.

So, to this end of using the *Newsletter* as a way of revitalizing our Society, I am pleased to announce that Drew Morson will join the Newsletter as its Associate Editor. And I'd like to publicly thank Terry Lebourgeois and Dan Winstead for sending him my way.

By way of introduction, Drew attended Dartmouth College where he graduated in 1997 with a degree in Chemistry and Spanish. He then returned home to enroll in medical school at the University of Tennessee in Memphis. After graduating he came to New Orleans a resident in general psychiatry at Tulane. He went on to complete his training as a forensic fellow at Tulane also. Currently he is on the faculty and is the assistant director of medical student education for the Department.

Drew will be beating the bushes of the "next generation" to get articles and information that will, hopefully, prove to be of more interest and more relevance to that generation so that these younger alums will want to use the Newsletter and the Society as a way of continuing their contact with one another and maintaining *their* tradition of Tulane neuropsychiatry.

Craig W. Maumus, M.D.

When Dan Winstead approached me not long ago to ask if I would be interested in serving as associate editor of the Heath Society Newsletter it occurred to me that, despite having received and leisurely read the newsletter over several years, I did not have a very strong sense of what the Heath Society was really about. This may otherwise have seemed like a good reason not to feel qualified to accept the position. Yet as Dan explained to me that the organization was trying to incorporate younger members of Tulane psychiatry into the fold I realized that most of us from my era probably felt the same way. Although Bob Heath is a name that many of us have heard mentioned casually during our time in residency the legacy began long enough ago to resonate on less than an emotional level with most of us. The name was gently reinforced over the years of residency. But it seemed almost a mutual point of embarrassment, for those of us who recognized we should know more about the history of psychiatry at Tulane but didn't and for those older members of our community who realized that perhaps that history had not been passed down with sufficient vigor.

Though I find this disconnect intriguing, I ask myself what my role as associate editor of the newsletter can be in changing that. Is there a role? Should there be a role? Is there any need to change that disconnect? Having discussed the matter with Craig Maumus I feel more strongly that there is a need to change this. And the newsletter may be the best avenue by which to go about it, or at least to begin perhaps.

I think the best place to begin that process is with a question. My question is simply, what is the mission of the Heath Society? Perhaps the older members of the Society already know the answer to



that question. I feel comfortable saying that the younger generation of the Tulane psychiatry community does not. I believe my first role as associate editor of the newsletter should be to try to figure out what that answer is and find a way to convey that answer to the younger would-be members. But asking the established members of the organization is only a place to start, and it is the logical place to start. It is only part of the answer, however. If newer members are going to maintain the legacy of the group then they must be able to receive that answer and decide whether that is a goal they see worth continuing to strive toward. If not, what modifications can be made so as to continue the cohesion that the older members feel while providing motivation for the newer members to carry on? To begin that dialogue is the first step to work toward making the Heath Society a more vigorous one. As Doug Greve suggests in this issue in his recollection of an Art Epstein quote, without beginning a process of renewal the Society will grow more vulnerable to dying away.

One element that I believe is common to all of us is a desire to know our history and to maintain a sense of continuity with the past. The Heath Society strikes me as an excellent conduit through which such a link between the personalities of the past and the present can be established. I hope to bring some younger voices to contribute to the newsletter in the hopes of extending that link. In equal measure, I would like to ask that the older members of our community begin to communicate to us what the history of Tulane psychiatry has been. Whether that be through the newsletter or special grand rounds on the topic or simply good old fashioned story telling at socials, the younger generation needs to hear your voice to know how to link the history to come with that which has already been. I look forward to trying to facilitate that process.

Drew Morson, M.D.

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December, 2009. Please mark your calendars for **December 4 – 5, 2009** and plan to attend this gala event.

The Department has continued our rebuilding efforts and we now have 63 full-time and 5 part-time salaried faculty members. Although still a far cry from our pre-Katrina total of 88, we have regained a solid footing and are moving forward with approximately 20 additional searches open. We fully intend to regain our original strength, although the Department will be younger, leaner, and meaner in many ways! The Empire will strike back!

| OF NOTE ACHIEVEMENTS OVER THE PAST SIX MONTHS | |
|---|--|
| <u>Faculty</u> | |
| Charles Chester, MD | Irma Bland Award for Excellence in Teaching Residents |
| Richard Dalton, MD | Distinguished Fellow, American Psychiatric Association |
| Robert Detrinis, MD | Nancy C.A. Roeske, MD, Certificate of Recognition for Excellence in Medical Student Education, American Psychiatric Association |
| Stacy Drury, MD, PhD | 2009 Career Development Travel Award, Anxiety Disorders Association of America Invited Participant, American Psychiatric Association 14 th Annual Research Colloquium for Junior Investigators |
| Mary Margaret Gleason, MD | Junior Scholar Travel Award, American Association of Child and Adolescent Psychiatry, 2008. |
| Leslie Lawrence, MD | Helping Hands Award, American Psychiatric Association |
| Joseph Matta, MD | Passed certification examination in Addiction Medicine through ASAM |
| Geoffrey Nagle, PhD | Health Care Heroes Class of 2009, New Orleans City Business |
| Mordecai Potash, MD | Irma Bland Award for Excellence in Teaching Residents, American Psychiatric Association |
| Angela Traylor, MD | Fellowship Award to support attendance at Workshop on Clinical Trials in Psychopharmacology, American Society of Clinical Psychopharmacology |
| Daniel Winstead, MD | 1 st Vice President, American College of Psychiatry |
| Charles Zeanah, MD | 2009 Blanche F. Ittleson Award for Research in Child and Adolescent Psychiatry, American Psychiatric Association 2008 Sarah M. Haley Memorial Award for Clinical Excellence, International Society for Traumatic Stress Studies |
| <u>Residents</u> | |
| Tiffany Chang, MD | 2009 Resident Scholarship to the AAN Annual Meeting, American Academy of Neurology |
| Sapna Purawat MD | 2009 Training Residents in Psychiatry Scholarship, Dept. of Veterans Affairs, South Central Mental Illness Research, Education & Clinical Center (MIRECC). |
| J Brad McConville MD | Laughlin Fellow, American College of Psychiatrists (2009-2010). 2008-2010 APA/Bristol-Myers Squibb Fellowship in Public Psychiatry, American Psychiatric Association |

The Bad

After several lengthy rounds of interviews, our lead candidate for the Neurology Chair position declined. So, it's back to the drawing board. New candidates are being solicited and further interviews scheduled. Fortunately, we have been able to add new faculty and the neurology program is much improved over this time a year ago.

One of our forensic faculty members, Dr. Tammy Chen, has announced her departure at the end of this academic year. She plans to return to South Carolina to be closer to family and old friends. She will definitely be missed.

After six months of planning and only six months in operation, Tulane University Hospital and Clinic decided to close the 10 bed inpatient psychiatric unit at Tulane Lakeside Hospital. HCA claimed that the unit was not financially solvent, although only minimal attempts were made to insure its viability. This had become a key training site for us for both residents and students. Although we have found placements for everyone concerned, we did lose a valuable asset since these were the only private psychiatric beds at the time. Attempts are underway to finalize a geriatric psychiatry rotation at Lakeview Hospital.

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The Ugly

Here the recession takes the prize! Lost jobs, lost wages, foreclosed homes, lost health insurance, lost net worth, etc. With the stress of the recession and these losses come anxiety, depression, increased use and abuse of alcohol and other substances both legal and otherwise. We are now seeing more patients with these issues as opposed to the post-Katrina PTSD and depression of recent past. However, an unfortunate number are struggling with all of these problems simultaneously and are generally quite overwhelmed.

Due in large part to the recession, we have lost several state contracts. Our contract to provide professional services for the Tulane adult unit at New Orleans Adolescent Hospital was terminated in early March. New Orleans subsequently lost access to 15 local acute beds. Fortunately, we were able to relocate faculty, residents, and students to other facilities and will be able to continue our academic mission without interruption.

Hunt Correctional Facility is canceling its contract with Tulane as of 4-1-09. However, we are fortunate to have enough depth in our forensic psychiatry program to be able to replace this fellowship rotation. We are considering a FACT elective with Dr. Jeffrey Rouse for the fellows for next year to replace this rotation.

Tulane has instituted a partial hiring freeze until freshman undergraduate enrollment has been determined for AY 09-10. Fortunately, the number of applicants is at record levels, but student loans and other financial considerations might impact the class size. Until this is settled, we all have extra layers of bureaucracy to contend with when it comes to hiring decisions. These have slowed us down a bit, but in no way has it stopped our recruitment efforts. The city's need for increased services at this particular point in time is unfortunate since our recruitment efforts will be slowed by the effects of the economy. Nevertheless, we will aggressively persist in our rebuilding efforts.

Daniel K. Winstead, M.D.

Association from 1974 to 1997. He was at the center of the transformation of psychiatry into a more respected part of medicine. It is a well written book of his personal experiences and the impact that he made on the transformation in our field. I highly recommend it to you.

However the reason I am mentioning it in this column is that in Chapter 2 "A Pathway to Psychiatry," he describes his experiences beginning with entering Tulane Medical School in 1944 and completing his residency in the fifties. At that time the first two years of medical school were on the uptown campus. During his senior year in medical school he became "the first medical student to present a case at Professor's Ochsner Surgical Grand Rounds. (When I was a senior I remember my dear friend, the late Chet Scignar, presenting a case to Dr. Ochsner on "the importance of differentiating a direct from an indirect inguinal hernia.") He described the arrival of Robert Heath who, at that time, was involved in "developing a broadly based" department of psychiatry and neurology, including psychoanalysis and the neurosciences. Heath talked him into staying at the new department and he began his internship at Charity Hospital in 1948.

When he began his residency his work "reflected the hodgepodge of approaches that existed in psychiatry at the time." He described the new faculty members that Bob brought from Columbia University including Harold Leif and Russ Monroe. He mentioned several other psychiatrists that I eventually met including Bill Sorum (a fascinating man) and Art Epstein.

Of particular interest is an episode that took place during the McCarthy era. Pressure was put on a professor of neurophysiology, Robert Hodes. He had come with Heath from Columbia University. Allegations were made of communist activities on his part. Mel was part of a group that defended him. A long hearing was started during which Dr. Hodes and his wife disappeared. Later Mel

learned they had defected to communist China.

I found his recollections of medical school, internship and residency at the very beginning of the Heath era fascinating.

It has been sixty years since Mel began his residency. The Heath Society has existed for twenty-five. The changes in psychiatry and neurology since Mel's and the Heath Society's existence have been profound. But the membership of the Heath Society Board has not changed that much since its inception. During the Behavioral Meeting in December, 2008, the Heath Society had a luncheon for the board and attending alumni. It became very clear that there was a generation or several generations gap between the Board and the members.

Except for our newest officer, Jan Johnson, two of the officers are from the 60's and three from the 70's. Two of the officers on the board have held their position since the inception of the Heath Society. There have been only two presidents in its history. Stability is good, but growth is vital.

I am reminded of a comment that Art Epstein made to me sometime in the '80s when discussing the American Academy of Psychoanalysis: "it's a dying organization, the average age of its membership is over 65".

I really think we need some younger members on the board who can bring new ideas and energies. Consequently your board will be discussing how to increase participation in the Society in its upcoming meeting. Already our newsletter editor, Craig Maumus, has recruited Drew Morson to work with him on this issue of the *Newsletter*. I believe the more we can recruit younger members on to the board, the better we will become as a service organization to the Department of Psychiatry and Neurology.

Doug Greve, M.D.

Plus Ça Change, Plus C'est La Meme Chose: An Interview with Irwin Marcus, M.D.

Irwin Marcus moved to New Orleans to become the first Director of Child Psychiatry at Tulane in August of 1951. Robert Heath recruited him from Columbia, where they had known each other as residents. Dr. Marcus trained at Columbia in General and Child Psychiatry and Psychoanalysis. By 1952, Dr. Marcus had created the "Family Study Unit" at Tulane (so designated as to avoid the stigma of "Child Psychiatry"). This was the beginning one of the oldest continually accredited Child Psychiatry training programs in the country. Dr. Marcus remained at Tulane until 1958, and he has continued his work in New Orleans ever since (he still maintains a practice). For many years he was a member of the clinical faculty of both the Tulane and L.S.U. programs in child psychiatry, as well as the Tulane School of Social Work. He was also the first and the 10th President of the Louisiana Group Psychotherapy Association.

For some perspective, consider that in August of 1951, when Dr. Marcus and his wife moved to New Orleans, Harry Truman was president, the Korean War was underway, and McCarthyism was gaining momentum. Earl K. Long was in his second term as Governor of Louisiana. DeLesseps "Chep" Morrison was Mayor of New Orleans. St. Augustine High School opened its doors. The average income was \$3,515 per year, gasoline was 19 cents a gallon, and a postage stamp cost 3 cents. The author of this article would not be born for another 3 months.

Shortly before his 90th birthday celebration, Dr. Marcus agreed to be interviewed by me at our weekly Child and Adolescent Psychiatry Grand Rounds on February 20, 2009. The event was remarkable for many reasons—not the least of which was the vigor of Dr. Marcus (who drove himself to the interview), as he enthralled us with detailed memories of his work at Tulane. His remarkable sense of humor, his great enthusiasm for child psychiatry, and his compassion for his patients all were evident as he talked about his experiences.

While at Tulane, Dr. Marcus faced challenges of limited space and a limited budget. Despite these challenges, he was a busy man – he did much more than merely launch a training program in child and adolescent psychiatry. He also provided service, taught fellows, residents and medical students (as well as other students in the university), and conducted federally funded research.

He opened a clinic at Tulane, but he also conducted outreach to pediatrics and to the community. He rounded each day with his pediatric colleagues at Charity Hospital, who indicated to him that they found it reassuring to talk to a psychiatrist who seemed "sane." Dr. Marcus noted, "This was a backhanded compliment." He recalled with amazing detail, the case of a 12 year old girl who was hospitalized at Charity with paralysis of one leg and loss of all feeling below the waist. He diagnosed conversion hysteria, and he used hypnosis to cure her paralysis and numbness. Later, he learned from the girl that she had felt guilty about masturbating and had lost all feeling below the waist. Needless to say, this diagnosis and intervention impressed his pediatric colleagues!

He also initiated contact with child protective services, teaching them over time the value of psychiatric consultation. Although initially they claimed not to be sure they needed help with children in their care, after Dr. Marcus began to consult, they found money in their budget to support his consultation. He spoke at many schools to parents and teachers and consulted with them about mental health problems in students.

Lecturing medical students, supervising general psychiatry residents and child fellows, Dr. Marcus had a large teaching load. His goal was to try to expand the field and attract more practitioners. Talks about sexuality were especially well attended, as undergraduates who heard about the topic of the lectures swelled the ranks of medical students on those particular days.

Research as we know it today was uncommonly conducted in the early 1950's in psychiatry departments. Nevertheless, Dr. Marcus obtained an NIMH grant to study accident proneness (which he thinks is more accurately termed "action" proneness) in children. The psychoanalytic explanation at the time was that accident proneness was a form of depression, that is, anger turned inward. What Dr. Marcus found instead was that children having accidents were mostly quite anxious. As a result, they reduced their visual focus to a perceived threat, resulting in less attention to the environment, and consequently, engaged in more careless behavior. This research, which seems to have anticipated what we now call "attention bias to threat," was published in a Society for Research in Child Development monograph. It also was read into the Congressional record and contributed to flashing light warning signals on bridges, for example. In addition, though not a formal research endeavor, he also made rounds in the newborn nursery at Charity Hospital, assessing the basic activity level of newborn infants in response to a standard auditory stimulus. This work preceded Thomas and Chess' groundbreaking study of temperament in the New York Longitudinal Study by several years. It was motivated by his interest in the genesis of hyperactivity, which was just beginning to be treated with methylphenidate at that time.

So, let's see...seeing patients—check! Teaching medical students, general psychiatry residents and child psychiatry fellows—check! Consulting to pediatrics—check! Consulting to schools and school based mental health—check! Consulting to child protective services—check! NIMH funded research—check! Work force shortage—check! Fighting stigma—check! The more things change, the more they remain the same—with only one exception: there was and is only one Irwin Marcus!

Charles H. Zeanah, M.D.

In Memoriam...

Daniel J. Sprehe, M.D. 1932-2008

We were recently informed that Dan Sprehe of Tampa died suddenly of a heart attack while in the Baltimore, MD area in May of last year. He was 76 years old.

Dr. Sprehe was a retired forensic psychiatrist and was a founding member and fellow of the American Academy of Psychiatry and Law. He had been active in the APA, the Florida Psychiatric Society, the Southern Psychiatric Association as well as a number of other medical organizations.

Born in Oklahoma City, Dr. Sprehe graduated Phi Beta Kappa from the University of Oklahoma in 1953 and then attended that university's medical school where he received his MD with honors in 1957. He then came to New Orleans to do his internship at Charity Hospital after which he served as a flight surgeon for the USAF, reaching the rank of Captain.

After active duty with the Air Force, Dr Sprehe returned to New Orleans to do his residency in psychiatry at Tulane. He later served as director of SELH in Mandeville before moving to Tampa to establish a private practice there in 1966.

In 1971 Dr Sprehe helped found the Department of Psychiatry at the College of Medicine at the University of South Florida where he continued as clinical professor and chief of forensic psychiatry until his retirement in 2004.

Dr. Sprehe was an avid sailor and owned a series of racing and cruising boats. He was also an enthusiastic skier and hiker and maintained a second home in Snowmass, CO. He was the father of 2 children who live in Baltimore.

Alumni Reception Set for May 19th

The Alumni Reception at the APA's annual meeting in San Francisco will be held at the Omni Hotel on Tuesday night, May 19th, from 7-9 PM. Originally funded out of the pocket of our Society's founder and first president, Remi Gonzalez, the annual event grew in size and cost. Eventually the Department took over and then got together with several other departments from our area for a regional reception until the APA arranged for a mega "All Alumni Reception" for the past few years. However this year APA withdrew its support and so our Society has stepped in and will be splitting the costs with our Department so that our annual get-together can continue. We hope to see all of you Heath Society convention attendees there.

Resident Honored as Laughlin Fellow

Congratulations to Brad McConville who is one of ten residents selected as a Laughlin Fellow by the American College of Psychiatrists for 2009-2010. As such, he and his peers ("who will likely be future leaders of psychiatry") will be able to attend the meetings of the College in 2009 and 2010 at the expense of the College. Brad has won several other awards while here as a med-psych resident at Tulane. He has won back-to-back Gonzalez Prizes for scientific writing by a resident in our Department, has been named one of the Residents of the Year at MCL-NO (2007-2008) and was also recently awarded the American Psychiatric Association/Bristol Myers Squibb Fellowship Award in Public Psychiatry for 2008-2010.



Drs. Irwin Marcus and Charley Zeanah

Publications By Faculty Over The Past 6 Months

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Moulson, M.C., Fox, N.A., **Zeanah, C.H.** & Nelson, C.A. Early adverse experiences and the neurobiology of facial emotion processing. Developmental Psychology, in press.

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2007 *Pierre Janet Writing Award from the International Society for Trauma and Dissociation*

Scheeringa, M., & Zeanah, C. Reconsideration of harm's way: Onsets and comorbidity patterns in preschool children and their caregivers following Hurricane Katrina. Journal of Clinical Child and Adolescent Psychology, 37, 508-518, 2008.

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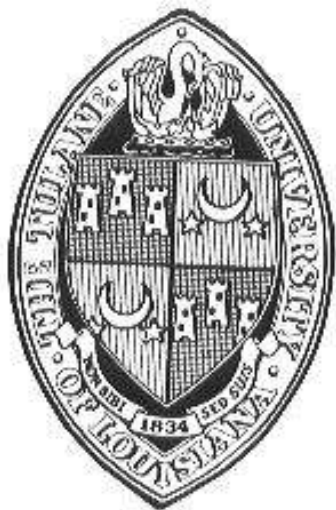
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Missing Members

After each issue of the Newsletter goes out, your editor gets a stack of returned newsletters from the Post Office. Most of the returns have forwarding addresses which we do our best to follow through on and make the appropriate changes. The same is true for the corrections that some of you send us. Sometimes it takes us two or three tries to get it right but that is partially because of the fact that the changes are passed down through several different people before they reach the one person who actually goes into the mailing list to make the changes. Because the Newsletter is sort of a joint effort by both the Society and the Department, it can get a little complicated at times. So please understand if we do not get your address corrected on the first try.

And we also get a fair amount of returned newsletters with "Address Unknown." After our Fall 2008 issue we had an unusually large number of returns with no known forwarding addresses. The following individuals are now officially lost to our records and we would like to get them back on our mailing list. If you recognize any of these colleagues and know where to reach them, please send us their new addresses or ask them to send us an update so we mail them out our next *Newsletter*.

| | |
|------------------|----------------------|
| Justin Wiley | Hunter Harris |
| Matthew Fogarty | Thomas Fauble |
| Jan Mathisen | Michael Lundy |
| Michelle Liokis | Syed Hasan |
| Alvin Lavender | Victor Angeles |
| Francis Parks | Donald Summers |
| Harold Johnson | David Tucker |
| Paul Graffagnino | Maria Cruz-Lartigaut |
| James Bae | Cheryl Person |
| Lorenzo Azzi | Janet Zadina |
| James Lynch | Paul Matthews |
| Edward Nix | Nancy Forrest |
| Kenton Brown | |
| Sina Khasani | |



Drs. Stacy Drury, Dabney Ewin, Alison Fleming and Dan Winstead meet between talks at the annual Brain & Behavior conference. Dr. Drury spoke on "Gene Environment Interactions in Early Life."

Alum News

Martha Ban continues to work at the VA Medical Center in Tuscaloosa where she has been recently detailed to the acute inpatient psychiatric unit after spending 8 years in the outpatient mental health clinic. She reports her pleasure in seeing **Ted Reveley** again who is now working part-time at that facility.

Sandra Baltz is director of clinical services at the VA hospital in Memphis.

Bill Bloom has retired “to make wire sculptures, read, surf the Net and birdstudy” in his back yard.

Sue Boston is now completely retired and “happily resettled” in Montevallo, AL (just south of Birmingham) since her Gulf Coast home was lost in Katrina.

Cliff Crafton retired in 2006 from the Southeast Louisiana State Hospital in Mandeville and has been doing some consulting work for several Louisiana facilities including New Beginnings, a provider of psychiatric services for youths in Hammond, LA. His *locum tenens* work has taken him as far as Minnesota.

John Dupre remains a full-time staff psychiatrist at the San Quentin State Prison in the San Francisco Bay area.

David Dunn is currently at Indiana University’s departments of psychiatry and neurology where he is the Arthur B. Richter Professor of Child Psychiatry and residency training director for child and adolescent psychiatry and the combined pediatric-psychiatry-child and adolescent psychiatry programs. He tells us he has a daughter, Meredith, who is a freshman at Tulane “so I have a good excuse for more trips back to NOLA.”

Jim Eaton remains in part-time clinical practice in the DC area. He is a Clinical Professor of Psychiatry at Georgetown where he does some teaching and at George Washington University where he does resident supervision.

Maureen Hackett continues to live and practice in the Minneapolis metro area.

She is active in local and national politics especially on issues dealing with health care and the environment. She recently had published the article “Smoke-Free State Psychiatric Facility Grounds: Is Legislation Necessary And Appropriate To Remove Tobacco From These Treatment Settings?” available at www.nyls.edu.

Nadene Hunter of Dansville, NY reports that she retired back in 2003 “to write my memoirs and bask in the sun, enjoying my great grandchildren and be at ease.” She observes “I am delighted that at last we recognize the existence of the brain and nervous system; it is refreshing and honest.”

Darlene Ifill-Taylor has a private practice in Maryland, just outside of Washington, DC where she sees pediatric and adult cases. She also sings professionally and completed her associate degree in music. She and her husband, Gregory, have 3 children.

Jason Jones works full-time as an inpatient psychiatrist at the Arbour HRI Hospital in Brookline, MA where he also has a part-time private practice on the side. He is in his third year to training at the Boston Psychoanalytic Institute.

Jay Kuris is “peacefully and pleasantly” enjoying the practice of psychiatry in Princeton and Flemington, NJ. He and his wife, Ellen, have had the pleasure of welcoming twin grandsons into the world this past year. He is looking forward to his class reunion in ’09.

James Lee, Jr. serves as an attending psychiatrist at Piedmont Medical Center in Rock Hill, SC. He is also president and CEO of Ascension Behavioral Healthcare, P.A. where he practices general adult and forensic psychiatry.

Charles Lippincott is clinical director of the North Mississippi State Hospital in Tupelo and medical director at Trace Pathways Geriatric Psychiatry in Hous- ton, MS.

Joseph Lupo is in his 44th year of private practice specializing in child and adolescent psychiatry in Tampa. He did his training at Tulane under Drs. Bob Heath and Cyril Phillips.

Stuart Mann tells us he has had an enjoyable neurology career in Southern California since 1960 “but nothing beats being retired.”

Joe Marnell recently moved to Annapolis, MD and continues to do a full-time private practice in the metro DC area.

Margaret Miller continues to work at the VA Outpatient Clinic in Pensacola, FL. She says she has reached her mandatory retirement date in the Army Reserves so she hopes not to be mobilized any more.

Robert McCormick of Folsom, LA who turns 70 this year came out of retirement to help with coverage for inpatients at SELH in Mandeville. He has also done some locums work in California noting he is becoming fluent in Spanish. His retirement hobbies include woodworking, blacksmithing and gardening.

Talat Mohamed continues in the private practice of psychiatry and psychoanalysis in uptown New Orleans. He is a clinical professor of psychiatry at Tulane and at that other medical school.

Ellis Muther recently closed his private practice in North Carolina and will be doing some *locums* work in Mesa, AZ this spring.

Brooke Parish has been appointed Executive Medical Director of the Mental Health Center, and Vice-Chair for Clinical Programs at the University of New Mexico. She is double-boarded in Internal Medicine and Psychiatry having done her post-graduate training at Tulane. She has been with the department of psychiatry in New Mexico for the past 5 years. She has also worked as a surveyor for the Joint Commission.

ALUMNI (continued from page 10)

Aretta Rathmell is retired from practice and is living near her daughter and her family in Springfield, IL.

Harvey Rifkin is in private practice in New Orleans specializing in the treatment of PTSD. He is affiliated with the River Oaks Sexual Trauma and Sexual Compulsions Disorders programs. He insightfully reports "I find I'm getting better with age."

Ralph Slovenko has had the 2d edition of his book *Psychiatry in Law/Law in Psychiatry* just published by Routledge.

Elizabeth Schwarz is the psychiatrist in charge of the VA New Orleans's Mental Health Intensive Case Management program. She reports that she and her husband, Anthony, have been married now for 21 years and have 3 children.

Charles Rodney Smith served as consultant to the North Carolina State Psychiatric Department in Gastonia and Shelby, NC for 2 years. He is retired from his practice in New Orleans except for some part-time work with the Military Entrance Program at the Naval Support System in NO. He is the proud grandfather of 7 grandkids.

Son Trinh continues to work full-time at the River Parish Mental Health Center in LaPlace, LA (just west of New Orleans) where he is medical director.

Helen Ulrich is co-chair of the Program Committee for the Academy of Psychoanalysis and Dynamic Psychiatry's 2010 meeting in New Orleans. She is anxious to involve local psychiatrists and urges you to contact her for suggestions or involvement in the program. Her email address is hullrich@tulane.edu.

Marchant VanGerpen is at the VA outpatient clinic in Jacksonville, FL where she does geriatric psychiatry and works with TBI patients.

Larry Wade co-authored a paper entitled "Persistent Psychosis from Toluene Exposure; More Likely Coincidence than Cause: A Review of Our Experience and the Literature" appearing in *Current Psychiatry Review*, 2007.

Howard Weiss of Chesterfield, MO is semi-retired and doing *locum tenens* work around the country. He reports he enjoys practicing in new settings in different parts of the US.



Dr. Charles A. Nelson of Harvard Medical School and the Richard David Scott Chair in Pediatric Developmental Medicine Research at Children's Hospital in Boston gave the 13th Robert G. Heath, M.D. Lecture on "Early Experience and Brain Development." He was introduced by our own Dr. Charles H. Zeanah.



"New Baby" Meet Sebastian Schuyler Winstead, Dan and Jenny's first grandchild. Weighing in at 8 lbs, 9oz and measuring 21" long he is the pride of Amanda and Ted Winstead.

Come See Us On-line

Heath Society members can now access the Society's website at www.heathsociety.com. While we have had a presence on the web for several years now, locating it via the Department's URL was a bit complicated. Now you can have easy access to past issues of the Newsletter and we hope to add other features, perhaps a directory of members, in the future.

The Robert Heath Society
Alumni Association for
Tulane Psychiatry & Neurology
P. O. Box 1338
Metairie, LA 70001

Spring, 2009

Editor's Note: As we go to press, the Heath Society received a report from Dr. Jan Johnson regarding the Health Fair programs she is conducting which have been funded by the Heath Society. We hope to have an updated article on the programs with some photos next issue.

Community Health Fairs Report

Tulane medical students and Department of Psychiatry residents, with selected faculty involvement, have participated in four community health fairs since receiving funding by the Heath Society to support this activity.

11/22/09: Rampart Street Fair

Conducted mental health screenings and provided referrals and education.

2/7/09: River of Elope Mental Health Resource Center

Conducted mental health screenings and provided referrals and education. Conducted interactive drumming circle

3/28/09: River of Hope Mental Health Resource Center

Conducted mental health screenings and provided referrals and education. Conducted interactive drumming circle

4/4/09: Umoja Foundation Day of the Child at Congo Square

Conducted mental health screenings and provided referrals and education. Conducted interactive drumming circle

We will be participating in the French Quarter Festival April 17-19 and will be providing mental health and blood pressure screenings, mental health referrals and patient education materials. An interactive drum-circle will be going on through-out the day in-between musical acts. Stop by and take a look!

Janet E. Johnson, MD