



Robert Heath Society
Established 1984

Tulane Psychiatry & Neurology

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FALL, 2005

President's Column

On Tuesday evening August 30, 2005 as I watched on a black and white portable TV live pictures of a flooded New Orleans, it dawned on me that I had lost my future as I knew it. My way of life, my practice and perhaps my house were gone. As it turned out my house was fine but I had lost my known future. After weeks of living with relatives and friends we made our way back to our home in the French Quarter. It was only when I began contacting patients and re-starting my practice and then moving back into my home that a future began to emerge.



I still can't grasp what happened and the extent of all the losses that have occurred to our city and region. One million people displaced. Hundreds of thousands of homes destroyed or flooded. Families and businesses dispersed around the country. Two hundred fifty thousand unemployed in the New Orleans area. Six thousand doctors displaced of which forty-three hundred were from the greater New Orleans area.. The unbelievable destructions of whole communities, all of which means that we are in the middle of a huge social experiment.

Those of us who live and work in southeast Louisiana and the Gulf Coast are emerging from the worst natural disaster in our county's history. Our lives are forever changed. Many have lost their homes and valuables and families are scattered. My two sons, like so many others, lost their homes and many valuable belongings. Our patients are gone, hospitals closed and the medical schools have moved. The psychiatric landscape has changed and the future is anything but clear.

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Chairman's Column

Six feet of water in the School of Medicine with the subsequent mold and mildew gave new meaning to the term "Green Wave." Yes, Katrina dealt us all a severe blow which will require hard work for a prolonged recovery. Nevertheless, repairs are already underway and we are now back in our offices at the Tidewater Building..



Luckily, Baylor and the Texas Affiliate Schools made room for us in Houston in spite of Rita's attempt to crash the party. Our students were greeted by Dr. Michael De Bakey (one of our most famous alums) at their orientation and his welcoming address was met with a standing ovation. Approximately half of our psychiatry residents are working at the Baylor affiliate hospitals while being supervised by both Baylor and Tulane faculties. Special thanks go out to Drs. Linda Andrews, Kim-Lan Czelusta and Stuart Yudofsky for their warm hospitality and highly organized response to our special needs. Neurology residents were accommodated in various locations for the month of October, but many will return to New Orleans shortly.

Those faculty not assigned to Houston are dispersed throughout Louisiana and the Southeast. Since the New Orleans VA must also undergo extensive repairs, our faculty based there have been reassigned to various other VAMCs in our local VA network (although Ben Seltzer got assigned to the VA in Bedford, Massachusetts). Our forensic faculty members are congregated in Jackson, Louisiana where we set up a temporary headquarters for our department, while many

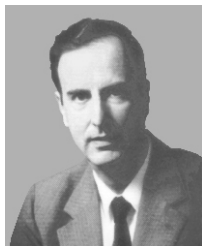
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December Conference Changes

Be sure to read about changes in our annual December CME conference on Page 8 of the Newsletter. Instead of two days we will have a mini conference on Saturday, December 10th only. The meeting of the Heath Society and Dan's State of the Department address will be the same day with our annual holiday party that night.

Editor's Note:

To paraphrase the ancient Chinese curse, "We live in interesting times." Although a potential catastrophe from a big storm hitting the Crescent



City has been part of summertime cocktail conversation for decades, almost no one ever imagined the vast destruction that hurricane Katrina brought. And, if that weren't enough, there was hurricane Rita a few weeks later continuing the destruction from the center of the Louisiana shoreline to the Texas border.

It sounds like science fiction to imagine all that has transpired: a major American city becoming a virtual ghost town with almost a million citizens in the general area dispersed across the US at one time or another. Several thousand MDs displaced, some never to return. Tulane med students being taught in Texas, LSU med students in Baton Rouge. Big Charity to be torn down. Many hospitals still closed.

And doctors are suffering just like the average man on the street. I remember my mother telling me when I was a child that going into medicine would provide me with job security because "people will always be getting sick. You'll never have to worry about business." Well, people are still getting sick, but if they are not located where one practices and if they have lost their jobs and their ability to pay, a non-salaried doctor won't be able to make it.

As a sign of the times here, each major street intersection has sprouted literally dozens of lawn signs just like prior to an election. The signs often convey helpful information such as what shops are open, names and numbers of companies that specialize in cleaning up debris, putting on roofs, etc. One that particularly caught my attention was for a plastic surgeon who announced his office was open for business and "walk-ins welcomed." Obviously his referral network was disrupted.

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I would encourage all of you with broadband internet access to give a listen to Tulane University president Scott Cowen's recent address to Tulanians in New York City. It's available at http://arco.vo.llnwd.net/o2/cust5/_Hlt119423194_Hlt119423195tBM_1_BM_2_ulane_live_10_29_05/. If you are unable or unwilling to copy this complex link into your browser, send me an email and I will send you a link that you can click on that will take you right to the correct site. In it he describes his experiences weathering the storm on the uptown campus, how Tulane is rebuilding, the new paradigm for higher education that Katrina has created and how

Tulane is creating a village around itself that might become the nucleus for a new city. But before you boot up your computer and type in this URL, be prepared to spend an hour listening. However it will be a most informative hour and it includes some photos of the Tulane uptown campus after the storm.

Like the city and its citizens, your newsletter is having to adapt to changes in routine also. Thank goodness for the internet that will allow us to get this issue out to you. Mail service is still very iffy and we are physically separated more so than ever. But all our officers and Dan

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Chairman's Message (continued from page 1)

of our child faculty initially worked out of the Baton Rouge area. Now that West Jeff Mental Health Center has reopened those faculty members working with the infant team have moved back into their usual offices.

Sadly, Katrina dealt a death blow to Charity Hospital and inflicted severe damage to the University Hospital campus as well. A field hospital is to be deployed until more permanent arrangements can be made. We have high hopes that a new facility will be built in the course of time. As I write this, we are still awaiting word on the fate of the Tulane University Hospital

and Clinic building and DePaul/Tulane. In the meantime, new Tulane services and clinics have opened at Lakeside Hospital in Metairie and Lakeview Hospital in Covington. HCA has proven to be an excellent partner during these troubled times in many ways, but especially with their generous gift which will allow the School of Medicine to continue to make payroll throughout this academic year.

I would like to give special thanks to all my faculty and staff, but especially to my vice chairs, John W. Thompson, Jr., MD, Leon A. Weisberg, MD, and Charles H. Zeanah, Jr., MD and my

staff, Candy Legeai and Jim Landry. We have responded to the various crises as a team and managed quite well under very difficult circumstances. All of us were for a time, or still are, homeless and have benefitted from the kindness of friends, relatives, and even complete strangers.

Although it may take "all the King's horses and all the King's men" we will put Humpty Dumpty together again! The ongoing support of the Heath Society will be an important part of this process.

Daniel K. Winstead, M.D.

President's Column (continued from page 1)

Tulane Medical School moved to Houston and began functioning through a miraculous piece of logistics. I can't imagine how the administration pulled this off, especially with the absence of almost all communication. The stress must have been enormous on the faculty, staff and residents and the cost unbelievable. Many of those people lost homes and had families displaced.

But Dr. Winstead has the department operating. The recovery effort for the department and everyone in this area has begun. Tulane's psychiatric residents, like the area's population, are scattered. I have had reports from a number of residents concerning Dr. Patrick O'Neil's providing structure and support despite taking time out to clean his flooded home. Dan (whose house was also flooded), his faculty and staff have held the department together and hope to return to New Orleans in the near future.

In mid October, the Heath Society officers had a conference call meeting with Dan and pledged to support and help the department in its recovery and

rebuilding. Clearly the department is going to need added financial support.

Although the December 9th and 10th scheduled Brain and Behavior CME conference has been cancelled, the department and the Heath Society are co-sponsoring a mini CME program and evening cocktail party on Saturday, December 10th. The Heath Society has agreed to underwrite half of the expenses. I am asking you, our members of the Society, to make donations to the Heath Society so that we can raise the \$7000 we have pledged. Send the donations along with your application for renewal to the Department of Psychiatry at its temporary address: Tulane Department of Psychiatry & Neurology, P.O. Box 817, Jackson, LA, 70748) and please attend the workshop and cocktail party.

Our Society has other expenses including this newsletter. The printing cost is about \$1250, not counting mailing which the department pays. Our vice president, Bob Begtrup ('71) is generously underwriting the cost of this newsletter. Just prior to Katrina, Bob underwent major surgery and is now

making fine recovery. Bob, a big thanks to you from the Society and the Department.

What's going to rise from the mud and debris? How will Tulane Medical School change and cope with the loss of "Big Charity" and the 500,000 patients that were seen annually there? Where will the psychiatry residents be placed? The Heath Society must embrace the Department and provide both moral and financial support.

All of us affected by Katrina have stories to tell. I am most interested in your stories, not just the personal ones, but especially professional ones. How did you deal with yourself during this difficult time? What happened to your patients? Let us know if you have moved and are opening a new practice? Retiring? Write or email your information and/or vignettes to me at DWGreve@msn.com or to Craig, our newsletter editor, at cmaumus@tulane.edu.

I look forward to seeing you at the December 10 CME program here in New Orleans.

Douglas W. Greve, M.D.

Arthur W. Epstein, M.D.: A Renaissance Man

Born in New York City, Dr. Epstein received his undergraduate degree from Columbia and an M.D. from the College of Physicians and Surgeons of Columbia University where he was AOA. He was always interested in psychology and human behavior as it relates to the brain. While in medical school, two people influenced him. The first was Dr. Fred Mettler, who authored the leading text book on neuroanatomy. The second was Dr. Robert Heath who "was a model for me because he was one of the first to integrate neuroscience and psychoanalytic concepts, emphasizing both the brain and behavior," said Dr. Epstein. During his residency in neurology at Mt. Sinai, Art attended a meeting in Atlantic City and ran into Dr. Heath, who at that time was Chairman of the Department of Psychiatry and Neurology at Tulane University School of Medicine. Bob invited Art to Tulane and, in 1950, he accepted a position as a fellow at Tulane and over the years attained the rank of full professor. In 1981-1982, he served as Acting Chairman of the Department of Psychiatry and Neurology at Tulane.

Correlating behavior with neurological phenomena has been a life long interest of Dr. Epstein. Early in his research, Dr. Epstein observed that certain psychiatric syndromes were related to abnormal brain activity and that anticonvulsants could be used to treat the behavioral abnormalities, a fact that is well known today. Going beyond the biological basis of behavior, Dr. Epstein entered psychoanalysis with Dr. Harold I. Lief and later became Director of the Tulane program in psychoanalytic medicine. In 1986-1987, he was elected President of the American Academy of Psychoanalysis. One of his earliest papers, published in 1967, in the APA Journal was "The Role of the Arts in Leisure Time Planning" and another in 1990, "The Creative Artist and

Psychoanalysis" illustrate Dr. Epstein's artistic bent.

Dr. Epstein's interest in biological psychiatry led to his studies on epilepsy, dream life, and body image, and have culminated in his recent book: *Dreaming and Other Involuntary Mentations* which integrates dreams and seizure activity. In 1981-1982, he served as President of the Society of Biological Psychiatry.

Dr. Epstein's literary interests have resulted in the publication of seven books. "A release of primary process thinking" is one of the ways that Dr. Epstein describes his poetry. His first book, *An Anatomist's Dream of Love*, was published over 40 years ago. The breadth of his poetic creativity is illustrated in his other works including *The Lady and the Serpent* and *Faust Encounters Helen of Troy*.

Dr. Epstein is a devoted husband and father. His successful marriage of over 50 years to Leona has been blessed with two sons and two daughters—a lawyer, a scholar, a doctor, and an English teacher. Perhaps the last few lines from his most recent book, *Poems of Later Life* characterize Art's personal philosophy, "...at least to know it was inside me not a book or being shown but inside me my very own."

Dr. Epstein is a physician, board certified neurologist, board certified psychiatrist, certified psychoanalyst, excellent teacher, author of seven books of poetry, a dedicated family man, and a warm and caring colleague. He is without reservation a Renaissance Man.

C.B. Scrignar, M.D.

"Doctor Arthur Epstein died November 8, 2005, shortly after Chet Scrignar wrote this tribute to him."

Editor's Note (continued from page 2)

and Candy are emailing me material and I am emailing that to our printer who will do the layout from her temporary home in Houston and then will email the pdf file to me which I will email on to Candy who will get this issue printed and mailed out in Jackson.

Meanwhile my personal mail is somewhere between Kansas City, Opelousas and Metairie. My professional mail was in the mail room at the VA that was located in the basement that was totally flooded. So in this issue we have no Alum News as I have not received any submissions. Instead I offer a brief piece on what happened to your leadership during the storm and encourage readers to email, fax or send in to our PO Box information on how the storm affected you and your practices. And if you sent in some pre-Katrina information, please resubmit and we will run that too. We know not all of you were in the hurricane's path.

For some of the same reasons noted above and elsewhere in our newsletter, we have no photos this issue to share with you. But by this spring we, like the city and its citizens and like the Department and the Medical Center, hope to be back to what will be "normal" for the next few years. Until then let's hear from you so we can all stay in touch.

Craig W. Maumus, M.D.

Lifetime Achievement Award

Dr. Antonio Stazio, an active clinical faculty member in the department who heads up our multiple sclerosis clinic/program, is to be honored with a "Lifetime Achievement Award" from the National Multiple Sclerosis Society in Atlanta, GA, on Friday, 11/11/05. Congratulations, Dr. Stazio.

Personal Tales or How Your Leadership Made Out in the Storm:

President Doug Greve went to Baton Rouge along with his son, daughter-in-law and 2 ½ year old grandson. There he set up a temporary office. He reported spending about 8 hours a day having phone sessions with his regular patients and comments “What stories they have to tell.” He is now back in New Orleans but still sees patients once a week in Baton Rouge.

Vice-President Bob Begtrup meanwhile was at home in Nashville recovering from surgery. He suffered a third major aortic dissection in July and “was fortunate enough to be sent from Vandy to U of Penn where one of only two or three capable C-T Surgeons in the country, our own Joseph E. Bavaria (Tulane Med ‘83), patched me up with lots of Dacron.” He tells us he is doing well.

Treasurer Wally Tomlinson went to Houston for about a week and then moved to Wally’s sister’s farm where there are “many cows—no TV” and where “we have had a DSL line run and the computer is up and running. The farm is near Industry TX 70 miles west of Houston.”

Secretary Marilyn Skinner ended up in Birmingham, AL where she will be joining the faculty of UAB.

Historian Chet Scrignar landed in Phoenix, AZ with his siblings “eating great Mexican food, resting, reading, walking and working out with a good friend who lives in Mesa.” He returned briefly to New Orleans to check on his house but is back in Arizona until at least the end of the year.

Newsletter Editor Craig Maumus weathered the storm with his wife and father in Jackson, MS before moving on to Kansas City where he has a sister. He has left his family there and has been the guest of an old college friend in Opelousas, LA while he commutes to a VA clinic in Lafayette. He expects to remain there at least until the end of the year when he hopes to be reassigned by the VA to a clinic in the greater New Orleans area.

Chairman Dan Winstead and wife Jenny “have been traveling vagabonds since we cannot go back to our house” which flooded. He has set up a temporary office for the Department in Jackson, LA and commutes to Baylor in Houston to monitor the activities of faculty there.

Vice President's Report

Early fall 2004 was an exciting time at Tulane. Barbara and I attended the Gala Celebration of the 170th Anniversary of Tulane’s founding. Despite the seeming oddity of celebrating a seldom recognized landmark in an institution’s history, the five day program was all I have come to expect of Tulane. It was a time of great music, great food, much dancing, and of quiet elegance. And there was much for us to celebrate as we learned more of Tulane’s achievements, including the NCI cancer center, the Riverine Project, the work in stem cell research, the advances at the Primate Center, and more.

At the P&N Department Open House, Chairman Dan Winstead treated us to short and tantalizing presentations of the Department’s current research activities. So much was happening, but one project truly excited me as a child and adolescent psychiatrist. C&A Chief Charley Zeanah and his group had undertaken a remarkable study and intervention among the many orphans of

post-communist Romania. The project reflected the best traditions of both academic inquiry and clinical service. The research group undertook to measure developmental delays in institutionalized and neglected orphans, and then set out to intervene effectively.

The Romanian project has led Dr. Zeanah to an enlightened understanding of attachment disorders in children. Moreover, he has demonstrated that providing foster parents the tools to work with infants and toddlers deprived of useful parental bonding can bring about dramatic improvement as measured by recovery in developmental benchmarks. Little children can grow out of the adverse effects on attachment and development with good replacement parenting.

I had been working as a Court Appointed Special Advocate for children whose parents had been found to neglect, abandon or abuse them. This new information was a beacon of hope for my little charges. I found myself able to

advocate effectively with the Family Drug Court to move children from foster homes where parents labeled such kids “retarded” and were unwilling or unable to work with them with the expectation of recovery.

Charley presented more of his findings here at Vanderbilt’s Kennedy Center this spring, and will return to do Psychiatry Grand Rounds on attachment disorders this winter. I find myself proud of his work and of his representing Tulane.

Meanwhile, our beloved institution has taken a hard hit by hurricane Katrina since the pinnacle of hope and achievement we celebrated in 2004. But Tulane has always been more about its people than anything else. I have every confidence Tulane will make the comeback, and I am proud to be a Tulane booster. I hope you are, too.

Robert O. Begtrup, MD

AWARDS

We would like to acknowledge the following faculty and trainees who have been recognized for their scholarly work in teaching, research, and writing.

NAME	AWARD	ASSOCIATION
Diane Africk, MD Assistant Professor of Neurology	Outstanding Attending in a Selective Rotation	Owl Club Award – Tulane University School of Medicine
Neil Boris, MD	Senior Vice President’s Teaching Award Top New Investigators Award	Tulane University Health Sciences Center
Dabney Ewing, MD Clinical Professor of Psychiatry	Pierre Janet Award for Clinical Excellence	International Society of Hypnosis
Donald Gallant, MD Professor Emeritus, Psychiatry	First Irma Bland Award for Excellence in Teaching Residents	American Psychiatric Association
Mary Margaret Gleason, MD	Future Leaders in Psychiatry Travel Award Research Development Institute Fellowship	Emory University NIMH/Stanford/UPitt
Terry LeBourgeois, MD Assistant Professor of Psychiatry	Future Leaders in Psychiatry Travel Award	Emory University
Patrick T. O’Neill, MD Associate Professor of Psychiatry	First Irma Bland Award for Excellence in Teaching Residents	American Psychiatric Association
Paul Rodenhauer, MD Professor Emeritus of Psychiatry	Junior Psychiatry Owl Club Award	Tulane University School of Medicine
Brian Stafford, MD	Top New Investigators Award	Tulane University Health Sciences Center
Leon Weisberg, MD Professor and Vice Chair, Neurology	Junior Neurology Owl Club Award	Tulane University School of Medicine
Charley Zeanah, MD Professor and Vice Chair, Child Psychiatry	Those Who Dared to Care...About Kids Awardee Champion for Children Award	National Jewish Women’s Association Prevent Child Abuse Louisiana (PCAL)
Charles Bowers, MD Psychiatry Resident	Louisiana Department of Health & Hospital Transition Advisory Committee	State of Louisiana, appointment made by Governor Blanco
Maureen Burrows, MD Adult Psychiatry Chief Resident	2005 GonYalez Prize, 1st Place	Robert G. Heath Society
Maria Cruz, MD	Junior Owl Club Resident Award	Tulane University School of Medicine
Stacy Drury, MD Child Psychiatry Fellow	APA/Shire Child & Adolescent Psychiatry Fellow Eli Lilly/ACAP Pilot Research Award	American Psychiatric Association American Academy of Child and Adolescent Psychiatry
Morgan Feibelman, MD Child Psychiatry Fellow	CAPRI Child & Adolescent Psychopathology Research Initiative Fellow	Academy of Child and Adolescent Psychiatry

AWARDS (continued)

Amy Hudkins, MD Psychiatry Resident	Junior Owl Club Resident Award	Tulane University School of Medicine
Michelle Liokis, MD Adult Psychiatry Chief Resident	2005 GonYalez Prize, 1st Place	Robert G. Heath Society
Sheryl Martin-Schild, MD Neurology Chief Resident	Junior Owl Club Resident Award	Tulane University School of Medicine
Andrew Morson, MD Adult Psychiatry Resident	TRIPS (Training Residents in Psychiatry Scholarship) Award	VAMC MIRECC (South Central Mental Illness Research, Education & Clinical Center)
Jeffrey Rouse, MD Psychiatry Resident	APIRE/Janssen Resident Psychiatric Research Scholars program Trainee Travel Award	American Psychiatric Institute for Research and Education/American Psychiatric Association Anxiety Disorders Association of America
Shelly Savant, MD Neurology Chief Resident	Travel Award	American Pain Society Annual Scientific Meeting
Prachi Shah, MD	Solnit Fellow	Zero to Three: National Center for Infants, Toddlers, and Families
Linda Soohoo, MD Neurology Chief Resident	Humanism and Excellence in Teaching Award	Arnold P. Gold Foundation
Jose Suros, MD Neurology Resident	Travel Award	Residents Epilepsy Program – Wake Forest School of Medicine
Angela Traylor, MD Neurology Resident	Travel Award	VAMC MIRECC

New Full-Time Faculty

Yes, we still continue to grow and expand into new areas. The following is the list of new full-time faculty and part-time salaried faculty for 2005:

Jay Bordenave, MD	Assistant Professor	Adult Psychiatry
Christine Patton, PhD	Instructor	Adult Psychiatry
Jason Thomas, MD	Assistant Professor	Adult Psychiatry
Amy Abraham, PhD	Instructor	Child Psychiatry
Allison Boothe, PhD	Instructor	Child Psychiatry
Angela Breidenstine, PhD	Instructor	Child Psychiatry
Angela Keyes, PhD	Instructor	Child Psychiatry
Joslyn Mason, PhD	Instructor	Child Psychiatry
Melanie Bronfin, JD	Clinical Assistant Professor	Child Psychiatry
Jodi Kamps, MD	Clinical Assistant Professor	Child Psychiatry
Alison Salloum, PhD	Clinical Assistant Professor	Child Psychiatry

Child and Adolescent Psychiatry Report

Child and Adolescent Psychiatry completed the 2004-2005 academic year as a program in transition. We said goodbye to Josh Cabrera, who had more than ably run the Adolescent Unit at Southeast Hospital for the previous year and a half. He and his wife (a general surgeon) moved their practices to an Indian reservation in the southwest, where we know they will be successful. Next, we also said goodbye to Mary Margaret Gleason, who completed a two year Postdoctoral/Instructor position with us and returned to Brown. We also were beginning to say goodbye to our training director, Brian Stafford, as he and fellow faculty member, Janice Thomas, prepared to move to Colorado.

We were in the process of recruiting a 2005 graduate of the Cincinnati Triple Board Program, to replace Josh Cabrera. We had completed negotiation with a new training director, Cecile Many from Ochsner, to begin October 1, 2005. In addition, we recruited Angela Keyes and Amy Abraham to move from postdoctoral fellows at Tulane to full-time faculty members and we recruited Angie Breidenstine a former psychology intern who was completing her postdoc at Penn to join our faculty. We also had recruited Melanie Bronfin, an attorney, to join our policy group. We were negotiating with Allison Salloum to join our full-time faculty in the fall.

Jon Shaw from UT Memphis and Stacy Drury from Tulane were new child and adolescent psychiatry fellows (or about to be since Stacy's start date was 10/01/05).

We were all preparing for a move of the departmental offices from the Tidewater Building on Canal Street to our new home on Poydras Street across from the Superdome. What we lost in views of Canal Street and the River in this move we were going to make up by having a bit more space.

And then came Katrina.

The devastation and subsequent governmental ineptness have been well-documented and need not be repeated here (contact me for an earful if you haven't heard enough). We also learned far more than we ever wanted to know about mold, refrigerator maggots, and "loss of use" policies. Together, we celebrated the small victories of those whose houses escaped serious damage and offered condolences to those who had lost everything. We all had to balance our private grief with the need to be there for others.

As quickly as we could, we tracked one another down and began to regroup. We organized ourselves around our trainees, and we developed a plan for each of the Triple Board residents, the child fellows, the psychology interns

and the postdoctoral fellows to continue their training without interruption or loss of credit, or for them to take a leave of absence and resume their training in January. We also began to organize ourselves in the relief efforts, using the strategy of working through existing structures, but with flexibility to adapt to families in unique situations.

We are sticking together, determined to recover and rebuild. We are incredibly fortunate that almost our entire faculty is back in Louisiana or soon will be. We do not yet know if everyone will stay, but already the commitment of our faculty and trainees has been amazing. We recognize that New Orleans will never again be the same and that Katrina is far from over. Nevertheless, Katrina has brought us possibilities as well as challenges. Child and Adolescent Psychiatry has never been more important in Louisiana, and we are fortunate to be in a position to make a difference.

As I write this, many questions remain unanswered, and there is much uncertainty about the future. Now, however, we have an opportunity to try to make New Orleans better. We intend for Tulane Child and Adolescent Psychiatry to be a full partner in that process, and we invite you to join us.

Charley Zeanah, M.D.

December Conference Changes

The December CME conference has been cancelled and will be rescheduled at a later date. In its place, however, we will have a full day of activities on Saturday, December 10, 2005 to get everyone in the Department of Psychiatry and Neurology back together again. We are planning a mini-conference in the morning featuring Dr. Phil Muskin from the College of Physicians and Surgeons of Columbia University who will give two talks: one entitled "From lab science to clinical practice" and another is yet to be finalized.

Following lunch there will be meeting of the Heath Society followed by Dan Winstead's annual report of the state of the Department.

Later Saturday evening will be a holiday party for all attendees and their guests. This will be a great time to share war stories about the storm and our unexpected travels.

This event is largely being underwritten by the Robert Heath Society. All events will take place at the Hotel Intercontinental, 444 St. Charles Ave. near

Poydras in downtown New Orleans. The hotel has only a block of 20 rooms set aside for us, so those of you coming in from out of town will want to make reservations immediately. The direct telephone number for the hotel is 504-525-5566 or you may dial toll free through the hotel system at 1-800-ICHOTELS.

You can even email the hotel directly at neworleans@interconti.com.

DEPARTMENT OF PSYCHIATRY AND NEUROLOGY TULANE UNIVERSITY SCHOOL OF MEDICINE

Graduation 2004

Graduation for trainees in the Department of Psychiatry and Neurology was held on Friday evening, June 3, 2005, at the Plim-soll Club in the World Trade Center New Orleans, Louisiana. There were twenty graduates.

Following is the information on our graduates:

NAME	FINISHING	FUTURE PLANS
Allison Boothe, PhD	Clinical Psychology Intern	Infant Team Postdoctoral Fellow, Dept of Psychiatry and Neurology, Tulane University School of Medicine
Maureen Burrows, MD	Adult Psychiatry Chief Resident	Forensic Psychiatry Fellowship, Dept. of Psychiatry and Neurology, Tulane University School of Medicine
Tammy Chen, MD	Adult Psychiatry Resident	Forensic Psychiatry Fellowship, Dept of Psychiatry and Neurology, Tulane University School of Medicine
Allyson Bennett, PhD	Clinical Psychology Intern	Postdoctoral Forensic Psychology Fellowship, Hammond, LA
Mark Koenen, MD	Forensic Psychiatry Fellow	Duke University School of Law, getting Law degree
Kristina Mathews Lafaye, MD	Clinical Neurophysiology Fellow	Faculty, Department of Neurology, Ochsner Foundation Hospital
Michelle Liokis, MD	Adult Psychiatry Chief Resident	Forensic Psychiatry Fellowship, Department of Psychiatry and Neurology, Tulane University School of Medicine
Anne Lovelle, MD	Clinical Neurophysiology Fellow	Private practice, Atlanta, GA
Bhuvana Mandalapu, MD	Neurology Resident	Private practice, Austin, TX
Sheryl Martin-Schild, MD, PhD	Combined Med/Neuro Chief Resident	Doing additional year
Joslyn Mason, PhD	Clinical Psychology Intern	Child Psychology Postdoctoral Fellowship, Dept of Psychiatry and Neurology, Tulane University School of Medicine
Christine Patton, PhD	Clinical Psychology Intern	Neuropsychology Postdoctoral Fellowship, Dept of Psychiatry and Neurology, Tulane University School of Medicine
Gregory Paul, MD	Forensic Psychiatry Fellow	Private practice, New Orleans, LA
Jeffrey Rouse, MD	Adult Psychiatry Resident	Fellowship in Cognitive and Behavioral Neurology and continuing to pursue PhD in Neuroscience at Tulane

GRADUATION (continued from page 9)

Shelly Savant, MD	Combined Psychiatry/Neurology Resident (Chief Resident in Neurology)	Neurology Private Practice, Lafayette, LA
Katherine Smith, MD	Combined Psychiatry/Neurology Resident	Cognitive and Behavioral Neurology-Sleep Medicine Fellowship
Linda Soohoo, MD	Neurology Residency	Neurology private practice, New Orleans, LA
Jason Thomas, MD	Forensic Psychiatry Fellow	Full-time faculty, Department of Psychiatry and Neurology, Tulane University School of Medicine
Eric Weinstock, MD	Adult Psychiatry Resident	Private practice, Tampa, FL
Michelle Williams, MD	Adult Psychiatry Resident	Public psychiatry fellowship, Columbia University

In addition, certificates were given to the following for the successful completion of their Infant Mental Health Training Program:

Desmona Hunter, GSW	Amy Noll, LPC, LMST, NCC
Fabiola A. Rodericks, LPC	Debbie M. Triggs, MSW-GSW
Lynde Ulmer, LCSW, BCCGC	Nancy Wallace, LCSW

We are very proud of all of our graduates and wish them the best of luck in all of their new endeavors.

**POST-KATRINA REUNITING DAY
DEPARTMENT OF PSYCHIATRY AND NEUROLOGY
TULANE UNIVERSITY SCHOOL OF MEDICINE**

December 10, 2005

7:30 am – 9:30 am	Registration and Continental Breakfast
8:00 am – 8:30 am	Update on Department and Tulane University School of Medicine
8:30 am – 9:30 am	Heath Society Alumni Meeting
9:30 am – 10:30 am	Lab Science to Clinical Practice...Philip Muskin, MD
10:30 am – 10:45 am	Questions and Answers
10:45 am – 11:45 am	Sex talk...Philip Muskin, MD
11:45 am – 12:00 Noon	Questions and Answers
6:30 pm – 9:00 pm	Reception

Paul B. Herbert, MD, JD January, 1951 – October, 2005

After Katrina, so much devastation and chaos has affected each of us on a personal, financial, and professional level. Needless to say, we were—and many of us remain—overwhelmed.

Two months following the storm, I found myself in a hotel in New York City where I was making an effort at normalcy by attending a board review course. It was pretty easy to pretend since there was no evidence of Katrina anywhere. No flood ravaged property, no dark deserted streets, no obvious military presence. In fact, NYC seemed ultra-alive.

I was trying to relax for the first time in weeks, watching an in-room movie and enjoying room service, when I received a phone call from Dr. John Thompson. “Mo, I’m afraid I have some bad news” he said, his angst palpable. I remember thinking, “Bad?” What an odd choice of words! Is he joking? My house has eight feet of water, my two-year old and seven-month old are away from everything they know. I’m living in Austin with my parents and all my friends are displaced across the country. “Bad? What the hell else could be “bad?” Almost daringly, I thought “bring it on, I can handle anything.” But, he was right—it was bad. My supervisor, mentor, and friend, Paul Herbert, had died.

For those of you who had never come in contact with Dr. Herbert, I am truly sorry. You missed meeting an extraordinary man. In the forensic circle, he was dubbed, “the man with ten brains”.

He was only 54 years old, yet completed law school, taught law school, practiced as a district attorney, served a stint as tennis pro, completed medical

school, and attained credentialing in Forensic Psychiatry and Consult Liaison Psychiatry. Not only was he the man with ten brains, he was the man with ten careers.

When I first came into contact with him, I was a fourth-year resident attending a lecture series for forensic fellows. Actually, I wanted to check out the new program co-director and see if forensics piqued my interest. To say I was awed isn’t adequate. I found myself diagramming his lecture to ensure I would remember every word—but also because it took a diagram to help me track his incredibly complex reasoning and rationale.

I applied to the program immediately.

At first he intimidated me. Not purposely, but the knowledge he possessed in the recesses of his mind was staggering.

At the Tulane welcome party in July, Supreme Court Justice Sandra Day O’Conner had just announced her intentions to retire. Thinking this might be an appropriate topic to discuss with my new forensic director, I asked his opinion. Within minutes, my husband and I were engaged in a conversation in which he casually named every Supreme Court Justice, when he/she was nominated, and the political environment of the time. This wasn’t a man reciting memorized trivia to impress an audience, it was a man who truly loved the law and wanted to teach others about it.

He pushed the fellows hard and made us work. He even gave us assignments before the fellowship officially began. But we knew that his teaching generosity would give us a level of

understanding and knowledge far beyond reasonable expectations.

His prowess in the forensic/law arena was obvious, his published work prolific. But, I wondered how someone with this level of intelligence would interact with the patient population at the Veterans Administration Hospital. Again I was amazed. Not only were his diagnostic skills impressive, his bedside manner was down right inspiring. He would spend hours with his patients, getting to know them, teaching them about their situation, and mainly, comforting them. He never talked down to them. Often, patients assumed he was their primary physician because of the time he invested with them. He fought for their rights and was a true patient advocate. My initial intimidation faded quickly as respect and admiration flourished.

I called Paul several days after Katrina, while walking dream-like in a bustling mall in Austin, Texas. I hadn’t heard from anyone in our program because email and cell phones were down. I just felt an urge to check in and make contact with someone from the program. I was scrolling through the forensic group list and found his number. He answered, saying he had evacuated to California, and was staying with friends. With genuine concern he said, “Mo, it’s so good to hear from you. Are you alright?” And now, with the perspective of four weeks, I can honestly say I’m alright—but

I am still sad. I miss Paul Herbert and all he brought to me and to Tulane.

Maureen Burrows, M.D.

Editor's note: During the aftermath of Katrina citizens often resorted to humor as a coping skill. Here is part of some humor that was being passed around on the internet in the days following Katrina:

"My Favorite Things Are Debris"

To the Tune of "My Favorite Things" from The Sound of Music

Water is swarming with verminous species.
Elegant swimming pools teeming with feces.
The rash on my haunches is starting to sting.
These are things that Katrina brings.

Casinos on beaches and trees without branches.
New Orleans got flooded, what were the chances?
Busses were promised but never appeared.
Things got much worse than we ever had feared.

When the mold grows,
When the bugs bite,
When the fridge smells bad,
I simply remember my favorite things
And FEMA don't seem so bad

Fall, 2005

**The Robert Heath Society
Alumni Association for
Tulane Psychiatry & Neurology
P. O. Box 1338
Metairie, LA 70001**