



Robert Heath Society
Established 1984

Tulane Psychiatry & Neurology

Alumni Newsletter

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Chairman's Column

Time flies when you're having fun! And most of us had a great deal of fun during the recent annual meeting of the American Psychiatric Association here in New Orleans. Clearly the program was of extremely high caliber as attested to by well over 19,000 attendees. In addition, the various receptions and parties were outstanding. I realize that I am biased, but I do think that our "Puttin' on the Ritz" party was absolutely the best.



As unbelievable as it may seem, the Department continues to grow and develop in spite of difficult times in the world of health care economics. We are largely able to do this through various grants and contracts. We have been very fortunate of late. Anne Foundas recently received a substantial research grant from the Dana Foundation for her neuroimaging work. Charley Zeanah has been on a roll this spring as he has landed funds from the Harris Foundation, the Institute of Mental Hygiene/New Orleans and the MacArthur Foundation. These first two awards will help him develop his Infant Mental Health Team here in Louisiana while the MacArthur funds will allow his group to extend and expand their project in Romania.

Unfortunately, many of these grants and contracts do not provide for necessary administrative costs to cover infrastructure and clerical support. We have recently had to restructure the departmental finances in order to counteract minor deficits in recent years and to balance our books in the future. Although this will cause some hardships in the short term, we hope to be able to renegotiate a number of our contracts in order to provide for necessary overhead in the future.

Our faculty and residents continue to shine in their accomplishments. Let me mention just a few of the most notable recent accomplishments:

Charley Zeanah, M.D. has been named the 2001 winner of the Norbert and Charlotte Rieger Service Program Award for Excellence in recognition of his "outstanding work at Tulane University School of Medicine." This award is given by the American Academy of Child and Adolescent Psychiatry work group on community systems of care. This is a cash award which will be presented at the AACAP's annual meeting in Honolulu, Hawaii this October.

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President's Message

It was a pleasure to see many of you during the APA meeting in New Orleans. Bob Heath, who was chair when many of us received our training, was missed, but Dan Winstead who has been doing a terrific job as head of the Department and who has been providing outstanding leadership, introducing innovative programs in keeping with the demands in our field, welcomed us. His job requires creativity, because, as we well know, radical changes have occurred in the field of psychiatry, in part due to new rules and requirements of the medical delivery system.



Psychopharmacology has become increasingly important due to a greater understanding of brain function. This is in keeping with the pioneering work of Dr. Heath, as well as the need for providing care to a larger sector of the population. This has changed the panorama in psychiatry where psychotherapy is now provided by non-MD's to a greater extent than ever before, and psychiatrists, who in the past provided what we in the Department called supportive and reconstructive (i.e. analytic) therapy, do med checks.

In my view we need to reclaim psychotherapy as a field in which psychiatrists are proficient. The unconscious functions and motivations of the mind are still present and are essential forces behind human functioning and creativity. The dynamic unconscious is very much alive whether we subscribe to strict Freudian theory or emphasize some aspect of it, as in Rado's adaptational psychodynamics.

This is not to disparage the advances and use of psychoactive medications, since it is plainly evident that they are useful and can affect behavior dramatically. At the same time we know that insight is equally necessary if we are to bring about change. We can chemically alter behavior, such as that stemming from anxiety and depression, in the short term, but to increase the chances of a more lasting "cure," the element of insight through the process of intellectual and emotional understanding of cause and effect is imperative. We understand that changing levels of serotonin or catecholamines results in changes in capabilities of coping and enjoyment. But ultimately, balance is achieved through a very complex interdigitation of biochemical and experiential processes leading toward a state of productive functioning within the self and the object world—a state of balance and pleasure in one's existence. I am not talking of nirvana; I am speaking of a state of

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Editor's Note, 9/16/01



Although it was my intent to have our newsletter at the printer by the end of this week, I felt that the tragic events of September 11th called for at least some minimal official recognition by our Society. As usual Dan Winstead had his column in weeks ago, with the rest of us getting our material in just past the continually expanded deadline. Since I'm the last one to touch the Newsletter before it goes to press, I have the privilege of changing my original comments and making a last minute substitution. However with so many eloquent words made by so many people over the past week, my intent is only to acknowledge the deep sorrow and building anger we all feel and express our Society's condolences to the family, friends and associates of those who perished in Washington, New York, and Pennsylvania and make a few personal comments.

Shortly after these heinous crimes, Dan emailed a number of us an editorial by Leonard Pitts, Jr., syndicated columnist for the Miami Herald. In his editorial, which he addresses to the perpetrators of these terrorist acts, Mr. Pitts vents the anger he feels at this time. "You monster. You beast. You unspeakable bastard. What lesson did you hope to teach us by your coward's attack on our World Trade Center, our Pentagon, us? What was it you hoped we would learn? Whatever it was, please know that you failed." He goes on to say that despite our many differences and despite our society's seeming obsession with the banal and trivial, "we will bear any suffering, pay any cost, go to any length, in the pursuit of justice."

Personally, I am still early in the grieving process. I feel sorrow, disbelief and emotional turmoil. The often-repeated videos of the WTC towers being hit and later crumbling to the ground still seem too unbelievable to be true. I still can just barely imagine and still can't fathom the tremendous destruction and change to our lives that these terrorist have brought. Anger, for me, is yet to come.

Like so many others I speak with, I find myself continually wondering how

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something like this could possibly happen. As a "boomer," I've only known security on my terra firma. Now, with talk of a protracted war, I feel anxiety along with my sorrow. Must I — must we as a nation — now be forever vigilant? Will there ever be another time in my lifetime that I will feel safe and secure? This week I have had to heed my own advice to many of my patients and "take one day at a time." This indeed has been the longest week of my life thus far.

Not being a cockeyed optimist, but feeling a need to thwart off the feeling of total despair for these dastardly acts, I find myself continually searching for some possible "good" from this great national tragedy. I wonder if maybe we are seeing a rebirth of patriotism in our cynical society if the sales of flags and the frequent playing of our national anthem sung without the stylized variations of the past are any indication. I wonder, too, if maybe attendance in churches and synagogues and, yes, maybe in mosques is going to increase

after hitting an all time low in recent years. And I even allow myself to think that maybe it's been more easy to travel on the interstate this past week without all the tailgating and obscene gestures that have lead to the new concept we call "road rage." Could this tragedy possibly bring back a little common courtesy and civility in our society? Perhaps recognizing that each of us Americans are "in this thing together," we might now smile and nod our heads or even say "Good day" when we pass a stranger on the sidewalk.

I reflect on Mr. Pitt's final lines: "You don't know my people. You don't know what we're about. You don't know what you just started. But you're about to learn." He was referring to our collective anger and our will to strike back. But I wonder if these words might not also express our collective desire to reassert our patriotism, to reassess our character, and to reorder our priorities.

Craig W. Maumus, M.D.

Mardi Gras Symposium::

On February 16-17, the Department in conjunction with the Southern Chapter of the American Academy of Psychiatry and the Law held a Mardi Gras Symposium entitled "Sex, Spies & Videotape: Forensic Issues on the Fringe" at the Chateau Sonest Hotel in the French Quarter. Kenneth J. Tardiff, MD, professor of psychiatry and public health at Weill Medical College of Cornell University in New York gave the Second Annual Chester B. Scrignar, MD Lecture. His topic was the "Treatment of Violent Patients." Here Dr. Tardiff (l) is pictured with Drs. Chet Scrignar (c) and John Thompson (r). Dr. Thompson was program director for the event.



Chairman (continued from page 1)

L. Lee Tynes, M.D., Ph.D. is the winner of the Association for Academic Psychiatry's Junior Faculty Development Award for 2001. This award will provide financial support for him to attend the AAP's annual meeting in Santa Fe, New Mexico this October.

Brooke Parish, M.D., a PGYV resident in our psychiatry/medicine program, has been selected as one of the Daniel X. Freedman Congressional Fellows for 2002. Funds from the American Psychiatric Foundation of the American Psychiatric Association will allow her to serve a six month fellowship in Washington, D.C. where she will have opportunities to interact with health policymakers and various advocacy/professional groups.

Herbert (Terry) LeBourgeois, III, M.D. has been awarded the 2001 Young

Investigator Prize from the American Academy of Psychiatry and the Law. His paper, Malingering by Proxy in Animals, was selected as the top submission in the competition. Funds from this award will allow him to attend the 2001 AAPL meeting in Boston where he will have the opportunity to present his paper.

New faculty include March (Woodhouse) VanGerpen, M.D. (Psychiatry '98) who will head our new Gseropsychiatry Division. Other new faculty include Clay Kelly, M.D. and Geoffrey Nagle, MSW.

Our department continues to be actively involved in a variety of CME programs. Information about the upcoming LPMA meeting is detailed elsewhere in this newsletter. However, please note that our Brain and Behavior meeting is now scheduled for December 7th and 8th and will be on

"Complementary and Integrative Medicine". Although this meeting has traditionally been scheduled with Homecoming weekend, we decided to move the meeting since the Homecoming schedule is not set far enough in advance and is subject to last minute changes. I will plan on giving a State of the Department address at this meeting as I have done in the past. In addition, we will have our annual meeting of the Heath Society late in the afternoon on December 8th. Please plan to join us at that time.

Daniel K. Winstead, M.D.



Institute of Infant and Early Childhood Mental Health

With support from the Harris Foundation, as well as other grants and contracts, faculty from the Section of Child and Adolescent Psychiatry at Tulane created the new Institute of Infant and Early Childhood Mental Health. This departmentally based entity is dedicated to the discovery, dissemination and application of knowledge to promote social and emotional competence in young children locally, regionally, nationally and internationally. We recruited Geoffrey Nagle, MPH, LCSW, to direct the Institute, which has been extremely active in its first year of operation.

Professional development is an important endeavor at the Institute. The Harris Training Program in Infant Mental Health seeks to enhance professionals' expertise in providing services to children from birth to five years of age. Trainees learn a relationship-based, family focused approach to infant mental health that includes didactic instruction, clinical field experiences, consultation, and supervision.

Trainees suitable for this program are graduates of masters or doctoral programs in counseling, marital and family therapy,

nursing, medicine (including pediatricians and family practitioners), psychiatry, psychology, social work and public health. This year, six trainees have completed the four month intensive Infant Mental Health training and have returned to deliver clinical services in their communities. An additional seven trainees will participate in the next training cycle beginning October 1, 2001.

Research is another thriving focus at the Institute. This research is being conducted locally and internationally with the goals of clarifying and refining clinical approaches to helping young children develop to their full potential. Among many Institute research studies, Charley Zeanah's "Bucharest Early Intervention Project," funded by the MacArthur Foundation Research Network on "Early Experience and Brain Development," is a 4-year longitudinal randomized controlled trial of foster care as an intervention for children in institutions in Bucharest, Romania. Michael Scheeringa's "Young Child Trauma Project," funded by the National Institute of Mental Health, is a 2-year longitudinal prospective assessment of preschool-age

children who have been involved in traumatic events. The purpose of the study is to more comprehensively characterize the diagnostic, cognitive, autonomic, and parental impact of trauma on preschool age children. Neil Boris is PI on a follow-up study of maltreated infants and toddlers.

Paula Zeanah is PI on an IMH funded project, "Healthy Beginnings." This model demonstration program will provide mental health services for infants and young children that currently receive their "well-baby" care through the New Orleans City Health Department. This collaboration with the City of New Orleans, Children's Bureau of New Orleans, and the state office of Mental Health, is an exciting initiative that will develop an effective, clinically sound, and integrated system of medical and mental health care for the youngest citizens of New Orleans.

The Institute of Infant and Early Childhood Mental Health has had an exciting first several months. For more information on available trainings, current research projects, or other information, please contact Geoffrey Nagle at 988-8241 or go to www.infantinstitution.org.

Graduation Party:

One June 1st, the Department held its annual ceremony for this year's graduating



Dr. Bob Lancaster poses with Drs. Shilpa Srinivasan and Frances Bryan who were co-recipients of the Lancaster Award for the Most Caring Resident.



Dr. F. William Black, Professor and Director of Neuropsychology, presents Dr. Angela Lane with her certificate in post-doctoral neuropsychology and a lagniappe kiss.

GRADUATION 2001

Graduation for trainees in the Department of Psychiatry and Neurology was held on Friday evening, June 1, 2001, at the Plimsoll Club in New Orleans, Louisiana. There were twenty-three graduates in all.

Eight of the graduates completed their residency training in general psychiatry. Brian Blum, M.D., is headed for the New York Psychiatric Institute where he will set up a private practice and embark on a psychiatric research career. Frances Bryan, MD, remains in the Department to do a research fellowship in behavioral neurology. Claudio Cabrejos, MD, continues in a substance abuse fellowship at Yale. Karen Katsenes, MD, will begin private practice here in New Orleans. Slawomir Laczkowski, MD, will practice geriatric psychiatry at Methodist Hospital in New Orleans East. Mordecai (Mordi) Potash, MD, is moving to New York City where he will begin a consultation/liason and a pain management fellowship at Sloan Kettering. Paul Mueller, MD, is planning to do locum tenens work out of Winchester, Virginia. Shilpa Srinivasan, MD, is moving to Waycross, Georgia where she will begin a career in community psychiatry.

The two neurology residents who graduated will both remain at Tulane to do fellowships. Specifically, Rodney Hillis, MD, will do an EMG fellowship with Dr. Morti Shamsnia, and Kathleen Messenger, MD, will do a child neurology fellowship with Dr. Deborah Lee.

In addition, there were four finishing neurology fellows who were awarded graduation certificates. Dr. Victor Angeles, who finished a behavioral neurology fellowship, will continue his training here at Tulane as a postdoctoral fellow in neurophysiology. Dr. Wilma Castro, who

completed an EMG/Neuromuscular fellowship, will go into private practice in Montgomery, Alabama. Dr. Daren LeBeau, who finished an EMG fellowship, will go into private practice here in New Orleans. Dr. S. Damaris Watt, who finished her fellowship in Headache in September, has no definite career plans at this time.

The Department graduated two child psychiatry fellows this year. David Tucker, MD will remain in New Orleans and enter private practice. Dr. Jason Wuttke, who will also remain in New Orleans, has accepted a position at Ochsner Clinic.

Our Division of Clinical Psychology graduated four interns. Maryellen McClain will remain at Tulane to begin a neuropsychology fellowship in the Department. Anne Shapiro moves on to Johns Hopkins to begin a postdoctoral fellowship in clinical neuropsychology. Valerie Wajda-Johnston remains in the Department to complete a fellowship in child psychology under Dr. Julie Larrieu. Claudia Yellin will also continue her training in a child psychology fellowship at Brown University Medical Center in Providence, Rhode Island.

There were two finishing postdoctoral fellows in our Psychology Division — Angela Lane, Ph.D., who finished her fellowship in neuropsychology and Andrea Vazzana, Ph.D., who completed a fellowship in forensic psychology. Dr. Lane will remain on faculty in the Department of Psychiatry and Neurology and Dr. Vazzana will join the faculty at New York University.

We are very proud of all of our graduates and wish them the best of luck in all of their new endeavors.

while before the APA meets again in New Orleans, I hope that many of you can come back frequently in the mean time and attend the Heath lectures, for it is always a pleasure to see you on home turf.

Remi Gonzalez, M.D.

In Memoriam...

Ralph Wells Buddington, M.D.

Many of us may still remember Dr. Budington who was on the full-time Tulane faculty for many years. He died September 9th at the age of 81 at his home in Covington. Born in Chicago, he lived in New Orleans for 50 years before moving to the north shore of Lake Pontchartrain 5 years ago. He was a graduate of Princeton and the Columbia School of Physicians and Surgeons.

Alan Boyd, D.O.

The Tulane community lost another member this spring with the untimely death of Alan Boyd at the age of 52. Born in Texas he worked outside the field of medicine before getting his D.O. and coming to Tulane for his residency. After finishing the program a few years ago, he stayed on the faculty and spent most of his clinical time at the VA Medical Center.

Jim Knight Chair

This summer saw a series of lectures sponsored by the James A. Knight, M.D. Chair of Humanities and Ethics in Medicine. Jim, as many of you may recall, was Dean of Admissions at Tulane Medical School from 1964-1974. Recently a Chair was funded in Jim's name and Ed Foulks has chaired the search committee for a candidate to hold the first Knight Chair. In June, five finalists for the Chair came to New Orleans and presented a series of lectures ranging from "Moral Reasoning in Medicine to "The Racial Integration of Healthcare in the US" to "The Humanities and Medical Education." The committee is expected to name its selection soon and we hope to be able to report on this individual in our next issue.

President (continued page page 1)

mind that provides a sense of internal and external satisfaction, a sense of happiness.

These hard-to-define states were the subject of a conversation I had with Bob Heath during one of his last visits to New Orleans, as we looked at the river from the Wyndham Hotel. And though it will be a

APA "Doing the Ritz" Alumni Party:

While APA was in New Orleans for its annual convention, the Department, along with the psychiatry departments at LSU and Mississippi, held an alumni party featuring the vocal offerings of local favorite Marva Wright.



Marva Wright sings to an appreciate audience.



Dr. Ed Foulks and wife, Janice, swing to Marva's music.



(l to r) Dr. Dan Winstead, Mrs. Linda Freeman, Dr. Art Freeman, Mrs. Jenny Winstead, Dr. Angelos Halaris, Mrs. Ann Halaris.



Drs. Jerald Kay and Patrick O'Neill savor some of the food offered at the alumni party.

Some of our residents made it to the party. Pictured right are Drs. Omayra Nieves, Shilpa Srinivasan, and Brooke Parish





Left: Mrs. Mary Tomlinson, Dr. Dan Sprehe, Ms. Sally Knight, Prof. Ralph Slovenko, and Ms. Ann Kerr.

Right: Drs. Mel Sabshin, Jim Eaton and Art Epstein



Drs. Chet Scrignar and Don Gallant



Drs. Bob Landcaster, David Carrington, Stephen Cockran, and Scott Stanley

UPCOMING CME PROGRAMS

Integrating Psychotherapy and Pharmacotherapy

Friday and Saturday, September 21 and 22, 2001

Hilton Sandestin Beach and Golf Resort
Destin, Florida

Speakers: Charles K. Billings, MD, R. Bruce Lydiard, PhD MD, Jerilyn Ross, MA LICSW, Allan Tasman, MD, L. Lee Tynes, MD PhD

Topics of Presentations and Workshops

Integration of Pharmacotherapy & Psychotherapy, Social Anxiety, Anxiety Disorders

This conference is being held in conjunction with the Louisiana Psychiatric Medical Association's Annual Fall Business Meeting

Brain and Behavior: Complementary and Integrative Medicine

Friday and Saturday, December 7 and 8, 2001

Le Meridien Hotel, New Orleans, Louisiana

Speakers: Richard P. Brown, MD, Dabney Ewing, MD, Robert Franklin, MD MPH, Philip Muskin, MD, Barry D. Schwartz, PhD

Topics of Presentations and Workshops

Natural Therapies in Everyday Practice and Alternative Medicine: Impact on the Patient-Physician Relationship and What to Do about It, Biofeedback for ADHD, Spirit Possession, Hypnosis, Chinese Medicine and Ayurvedic Medicine

The annual meeting of the Robert Heath Society will be held in conjunction with this conference.

Forensic Symposium: Current Controversies in Forensic Psychiatry

Friday through Sunday, April 12 – 14, 2002

Chateau Sonesta Hotel, New Orleans, Louisiana

Speakers: TBA

Topics: Insanity and Filicide, Moral Insanity, Forensic Pathology

This conference will include the Third Annual Chester B. Scignar, M.D. Lecture.

Women's Mental Health 2002: The Treatment of Depression in Women

Friday and Saturday, June 21 and 22, 2002

Hotel Inter-Continental, New Orleans, Louisiana

Speakers: TBA

Topics: Overview of Depression in Women, Cognitive Behavioral Therapy Treatment of Depression in Women, Depression in Elderly Women, Psychopharmacology and Depression in Women, Stalking, OCD in Women, Eating Disorders

Alumn Report

Since our last issue we've heard from:

David Barton who continues in the full-time private practice of general adult psychiatry in Nashville, TN where he is a Clinical Professor of Psychiatry at Vanderbilt. His wife, Lynn, is a clinical social worker who works with him in the office and who teaches marital therapy seminars to psychiatric residents at Vanderbilt. Their two sons are also in psychiatry, one (Kirk) practicing in Nashville and the other (Daniel) a second year resident in the Harvard Program at Cambridge Hospital in Boston. Their daughter (Amy) graduated from Tulane Law School and is now practicing in NYC. When not restoring an old far house in the nearby country, David reports he is writing, enjoying outdoor activities and playing with his grandchildren. He also says he is "on a soap box" about bringing back "the good-old-days in Medicine." He notes he owes a tremendous amount in career direction to the influence of Harold Lief and Art Epstein at Tulane. He has no retirement plans at the present and "still loves medicine and telling Charity Hospital stories."

Robert Begtrup is also in Nashville. He writes that he is still grieving the loss of Bob Heath and Irene Dempsey but "also the untimely death of Dr. Stan Roskind (that) leaves a great void for me. Stan was the first example I had of a physician who was undaunted by finances. While we were yet residents, he published the *Physicians Guide to Taxes*, which provided me a wakeup call to pay attention to the mundane affairs of life. Without his guidance, I might never have ventured into medical administration and learned to love it! Shalom, old friend."

Kenneth Brown is in private practice in Hampstead, NH where he is medical director of Hampstead Hospital. In March he published an article in the *AACAP Journal* on bupropion use in adolescents with ADHD and depression. He is beginning access clinical trials for an anorexia and a mania study. He is married with two young children: a son 3 and a daughter 1.

Rafael Canton meanwhile is doing outpatient adult psychiatry on the other side of the country in Ventura, CA. He and his

wife recently celebrated their 50th wedding anniversary.

Steven Cavalier is head of the department of neurology at the Baton Rouge Clinic up the river from New Orleans. He is also serving part-time as the medical director of the Baton Rouge Clinic.

Gregory Ciaccio began a private practice of psychiatry in Covington, LA a little over a year ago. He is also medical director of the Pendleton Memorial Methodist Hospital's Geriatric Psychiatry Unit in eastern New Orleans.

Elizabeth Crabtree just finished her residency in neurology at UCLA and has returned to New Orleans to work with **Anne Foundas** in a neurobehavior fellowship at Tulane.

Robert Cummings writes to us that he has an active practice of psychoanalysis and psychotherapy in Laguna Hill, CA. He teaches at and serves as a Training and Supervising Analyst for the Southern California Psychoanalytic Institute and the Psychoanalytic Center of California. He also has served as Secretary of the Board on Professional Standards of the American Psychoanalytic Association and he currently chairs the national committee that develops practice guidelines to protect the privacy and confidentiality of patients' psychoanalytic treatment.

Marc Davis last fall took on a new position at the Salt Lake Metropolitan Adult Detention Center.

Don Gallant is performing part-time teaching with medical students and residents at Tulane as a Professor Emeritus. He notes he is "trying to grow old gracefully but not succeeding." He has recently written the chapters on alcohol for the APA publications *Treatment of Substance Dependence Disorders* and *Treatment of Psychiatric Disorders*.

Elissa Godfrey sends her regards and her financial support to the Heath Society from Alexandria, VA. "Hope all is well out there!"

Louis Gruber lives with his wife in Lexington, SC where he still practices. He

notes their daughter is attending culinary school "and we hope she will support us (or at least cook for us) in our rapidly approaching old age." He too sends us his best regards and invites us to check out his web site at www.home.att.net/~/11ngruber.

Maureen Hackett is now on faculty at the University of Minnesota, Department of Psychiatry and is a Hennepin County Faculty associate. She teaches psychiatry residents in the Law and Psychiatry Clinic and teaches a course for law students of the William Mitchell College of Law and the University of Minnesota. She also teaches residents and provides treatment on a weekly basis at the Hennepin County Medical Center Crisis Intervention Center—a 24 hour psychiatric emergency center. Besides her teaching, she has established a private forensic psychiatric practice which "continues to be eclectic with both criminal and forensic cases." Additionally Dr. Hackett is a member of the Minnesota Psychiatric Society's Ethics Committee and APPL's Ethics Committee.

Nora Hanna is a staff psychiatrist at the Institute of Living in Hartford, CT where she is consultant to the therapeutic partial programs, extended day programs and therapeutic high school. She also maintains a small private practice.

Jason Jones just completed a fellowship in Intensive Psychotherapy at the Austin Riggs Center. Currently he is a staff psychiatrist at the New York Presbyterian Hospital in White Plains, NY and is a candidate at the Columbia Institute of Psychoanalysis.

Irvin Kraft has a very limited practice in Houston and proudly notes he has no managed care. Several articles of his have been recently published. He tells us he is spending most of his time with his grandchildren.

Jay Kuris has returned to full-time private practice in Princeton and Flemington, NJ having stepped down from the Department Chairmanship and Medical Directorship of the Department of Psychiatry/Princeton House at the Medical Center at Princeton.

Arnold Mandell is Vice-President and Director of Research at Cielo Institute, Inc in Asheville, NC where he does mathematical and computational peptide drug design. The web address is www.cieloinstitute.org. He is a Research Professor at Emory University in Atlanta in Psychiatry and Neuroscience and a Research Professor at FAU in Boca Raton, FL in Mathematical Sciences and a Professor Emeritus at UCSD in La Jolla, CA in Psychiatry, Neuroscience, and Mathematics.

Mallory Miree continues to practice individual and sometimes conjoint therapy in Birmingham, AL. "I maintain my status for hospital admissions and continue to utilize individual and group psychotherapy in addition to all our new wonderful psychotropic drugs and, of course, ECT. I am fascinated over the past several years of the high incidence of afore undetected ADD in adults, many of whom as children were not hyperactive. The response with psychotherapy and the stimulants has been dramatic. We are all grateful to Drs. Ratey and Hallowell for bringing this condition to the medical community in their book *Driven to Distraction*. We are all fortunate, indeed, to have chosen the field of medicine and our specialty in psychiatry."

Edward Nix of Decatur, GA proudly announces the birth of his first grandchild, Emma, on 1/9/01. He notes her parents are in a psychology Ph.D. program emphasizing behavioral analysis and intervention.

Terry Passman of Fairhope, AL recently co-authored the article "Effects of Antimanic Mood-Stabilizing Drugs on Fetuses, Neonate, and Nursing Infants" which was published in the March issue of the *Southern Medical Journal*.

David Post is unit director for a forensic unit at the East Louisiana State Hospital in Jackson, LA. He also works one day a week at the Baton Rouge Mental Health/Adolescent Services Clinic and sees private patients after hours. He recently presents some original research on "The Hypnosis of Adolph Hitler" at the Fifteenth International Congress of Hypnosis in Munich and at the LSU Grand Rounds. Dr. Post is recently married to the former Robin Besselman of Baton Rouge who is Regional Marketing Director for C's (Community) Coffee Shops. He tells us that they honeymooned in Paris this past May.

Carmen Ramos of Metairie, LA participated in a one-week medical mission to Nicaragua in January as part of the Christ the Healer organization of the Archdiocese of New Orleans.

Stephen Reich is currently Associate Professor of Neurology and Director of the Parkinson's Disease and Movement Disorders' Clinic of Johns Hopkins.

Lillian Robinson attended the annual board meeting of the Society for Promoting Christian Knowledge in New York this spring. She was co-chair of the May meeting of the American Academy of Psychoanalysis. But, she notes most of her trips this past year have been to the state of Washington to visit her daughters. And, this past fall she attended the Guild of Episcopal Scholars meeting in NYC. Unfortunately "spinal stenosis and degenerating scoliosis make walking difficult, but I swim for exercise."

Reuben Roy writes us from Alexandria, LA where he moved from New Orleans with his wife, Nenita, in 1988. Initially he worked at various sites doing mainly inpatient work, but now he is full-time on the adolescent service at the Central Louisiana State Hospital. He became boarded in Adolescent Psychiatry in 1993. Although he laments the fact that Alex doesn't have the fine restaurants of New Orleans, "neither do we have its traffic."

James L. Shore (not to be confused with another Jim Shore in Denver) graduated from the University of Colorado psychia-

try residency program in June. He is now pursuing a research fellowship at the National Center for American Indian and Alaskan Natives Mental Health Research in Health Services Research.

Francisco Silva is Medical Director of The Lady of the Lake Regional Medical Center in Baton Rouge and Administrator of the Department of Mental and Behavioral Health at that facility.

Curtis Steele continues to practice full-time in Halifax, Nova Scotia. He reports he considered retirement "but wouldn't know what to do with myself." His practice includes 7 therapy groups, a training program for therapists and time spent at a university outpatient clinic. He has a photo web site which he says has gotten a four-star rating. The URL is www.cheerfuleye.com. He tells us that he regrets not making it back to New Orleans for the APA earlier this summer but a family wedding on the West Coast had priority.

William Vaughan lives in Jackson, MS and reports he is currently in a limited practice as medical director of three inpatient and two outpatient geriatric psychiatry programs. "I have recently retired from the Air National Guard after 26 years of Air Force service. Working part-time now allows me more time for another interest: developing a 300 acre tree farm and wildlife refuge near Jackson in Madison county. My fiancée, Kathy Honkey, and I are building a country home there soon. I wonder if anyone ever really completely retires from psychiatric practice?"



Graduation: Dr. Leon Weisberg, Vice-chair and Professor of Neurology, presents Dr. Andrew Naidech with his plaque for being this past year's chief resident in neurology

The Robert Heath Society Department of Psychiatry and Neurology

Name (LAST) (FIRST) (MIDDLE)

Address

City State Zip

() ()

Phone (Home and/or Office) Fax Email address

Please take a moment to provide us with an update on your current activities for the next Alumni Newsletter:



Graduation Party: Members of the 2001 Adult Psychiatry Graduating Residents: Drs. Paul Mueller, Frances Bryan, Mordecai Potash (post-doc fellow), Shilpa Srinivasan and Slavomir Lackowsky.



Dr. Kevin Jackson, Assistant Professor of Psychiatry and Neurology, welcomes Kelly Jackson, the youngest guest at the party at age 8 months.



Graduation: Dr. S. Damaris Watt accepts her post-doctoral diploma in the study of headaches.



Dr. David Tucker entertains his daughter.

**The Robert Heath Society
Alumni Association for
Tulane Psychiatry & Neurology**
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Fall, 2001